A circumpolar monitoring framework for polar bears

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Abstract: Polar bears (Ursus maritimus) occupy remote regions that are characterized by harsh weather and limited access. Polar bear populations can only persist where temporal and spatial availability of sea ice provides adequate access to their marine mammal prey. Observed declines in sea ice availability will continue as long as greenhouse gas concentrations rise. At the same time, human intrusion and pollution levels in the Arctic are expected to increase. A circumpolar understanding of the cumulative impacts of current and future stressors is lacking, long-term trends are known from only a few subpopulations, and there is no globally coordinated effort to monitor effects of stressors. Here, we describe a framework for an integrated circumpolar monitoring plan to detect ongoing patterns, predict future trends, and identify the most vulnerable polar bear subpopulations. We recommend strategies for monitoring subpopulation abundance and trends, reproduction, survival, ecosystem change, human-caused mortality, human–bear conflict, prey availability, health, stature, distribution, behavioral change, and the effects that monitoring itself may have on polar bears. We assign monitoring intensity for each subpopulation through adaptive assessment of the quality of existing baseline data and research accessibility. A global perspective is achieved by recommending high intensity monitoring for at least one subpopulation in each of four major polar bear ecoregions. Collection of data on harvest, where it occurs, and remote sensing of habitat, should occur with the same intensity for all subpopulations. We outline how local traditional knowledge may most effectively be combined with the best scientific methods to provide comparable and complementary lines of evidence. We also outline how previously collected intensive monitoring data may be subsampled to guide future sampling frequencies and develop indirect estimates or indices of subpopulation status. Adoption of this framework will inform management and policy responses to changing worldwide polar bear status and trends.

Key words: adaptive management, climate change, habitat loss, harvest, monitoring, polar bear, population parameters, population size, sea ice, traditional ecological knowledge, Ursus maritimus

Ursus Monograph Series 5 (2012)

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Introduction

Background: The current situation

Polar bears (*Ursus maritimus*) are distributed throughout the ice-covered waters of the circumpolar Arctic. Because they feed on seals and other marine mammal prey caught from the sea ice surface, polar bears are considered ecologically to be marine mammals.

The earliest international concerns for conserving polar bears were focused on controlling the number of bears being harvested every year. Early Eurasian explorers viewed polar bears as fearless marauders (Larsen 1978), and for centuries Arctic travelers killed as many polar bears as possible (Seton 1929). Although the uncontrolled killing of polar bears by Arctic explorers decreased during the 1900s, polar bears continued to be harvested in large numbers through the middle of the 20th century. In addition to continued harvesting by local residents of the Arctic, trophy hunting flourished in some regions. In recognition of the polar bear’s increasing vulnerability to human activities, the five nations with jurisdiction over polar bear habitat (the Soviet Union, Canada, Denmark, Norway, and the United States) negotiated the Agreement on the Conservation of Polar Bears (the Agreement). The Agreement was signed in 1973 and came into effect in 1976 when it was ratified by three countries, the minimum for ratification, and by the two remaining countries shortly thereafter. Under the terms of the Agreement, each signatory nation is required to conduct research and to cooperate in management and research of shared populations that overlap jurisdictional boundaries.

Most polar bear subpopulations continue to be hunted. Although concerns over human–bear interactions, disturbance associated with industrial development, and pollutants have grown locally and regionally (Vongraven and Peacock 2011), most worldwide management efforts have remained focused on harvest. Based upon movements, genetic patterns, and management considerations, 19 polar bear subpopulations are currently recognized worldwide (Obbard et al. 2010:31). Harvest varies among subpopulations and management jurisdictions.

The largest polar bear harvest occurs in Canada, where it is regulated primarily through quotas set for each subpopulation and hunting is limited to aboriginal peoples (Prestrud and Stirling 1994, Lunn et al. 2010). When it ratified the Agreement, Canada allowed for a ‘token’ number of bears to be harvested by non-aboriginal hunters for sport. In practice, sport hunting of polar bears in Canada is guided by preferences of Inuit hunters, and animals killed in these hunts form part of the quota assigned to a community. Hunting is banned in Svalbard, although a limited number of bears are taken each year in defense of life and property (Vongraven et al. 2010). Hunting in Greenland is limited to ‘professional’ hunters who derive all of their income and sustenance from hunting and fishing. Quotas taking effect 1 January 2006 have been introduced in Greenland (Hansen 2010). For some populations (Baffin Bay, Kane Basin), harvests are thought to be excessive relative to population size (Obbard et al. 2010); however, Nunavut/Canada and Greenland currently undertake studies to determine population size. Hunting was banned in Russia under the former Soviet government. Though technically not allowed, considerable illegal harvest by both Native and non-Native peoples has occurred in portions of the Russian Arctic in recent years (Belikov et al. 2010). In the United States, the harvest in the Southern Beaufort Sea subpopulation is regulated by an agreement between Inupiat hunters in Alaska and Inuvialuit hunters in Canada (Treseder and Carpenter 1989, Brower et al. 2002). The “Agreement between the United States of America and the Russian Federation on the Conservation and Management of the Alaska-Chukotka Polar Bear Population” was developed recently to regulate harvest and more generally assure conservation and management of the Chukchi Sea subpopulation (DeBruyn et al. 2010:179). Finally, a bilateral “Memorandum of Understanding” was agreed upon between the governments of Canada and Greenland in 2009, with the objective to “manage polar bears within the Kane Basin and Baffin Bay management units to ensure their conservation and sustainable management into the future” (http://pbsg.npolar.no/export/sites/pbsg/en/docs/GN-MOU-PB.pdf, section 2). This agreement was intended to end a long-lasting unsustainable harvest due to the lack of sound cooperative management of these shared subpopulations.

Historically, polar bear harvest management has been based on the premise that stable habitats enabled a sustainable harvest. Projection models (e.g., Taylor et al. 2008a) guided the setting of harvest levels that were thought to be sustainable. However, the harvest level and the quality of information to support harvest management varies considerably among subpopulations. Large-scale
natural fluctuations in the reproduction and survival of ringed seals (*Pusa hispida*), the primary prey of polar bears, have been documented (e.g., Stirling 2002). Although similar natural fluctuations in prey abundance almost certainly occur in most, if not all, subpopulations, little is known of their magnitude or frequency. These natural fluctuations, although not fully understood, along with the warming-induced declining trend in suitable habitat, emphasize the importance of taking a precautionary approach to the establishment of maximum allowable harvest levels. However, the degree to which such precautions are included in existing harvest management is mixed.

Long-term studies of polar bears in Hudson Bay, Canada, the Beaufort Sea region shared by Alaska and Canada, and Svalbard have provided valuable information on status and trends of polar bears. However, the other subpopulations have not been studied to the same extent, have had shorter or periodic efforts, or have been examined so recently that trend data are unavailable. Existing inter-jurisdictional management agreements are few and recent, and different policy positions within and among jurisdictions, differential funding, and widely varying logistical challenges mean that few data sets are consistent enough to facilitate quantitative comparisons among different subpopulations of polar bears.

The lack of comparable monitoring data across the range of the polar bear has long been recognized. Conservation risks resulting from this lack of data were low when the habitat for polar bears appeared to be relatively stable. When managers felt able to assume adequate habitat to support healthy polar bear subpopulations, each jurisdiction could prioritize its local concerns (e.g., harvest quotas or oil and gas permitting) over regional or global concerns. For example, if allowed harvest levels in one subpopulation were found to be excessive, managers could re-adjust their strategies to bring their local areas back into balance with what they thought the habitat could sustain. Status descriptions of individual polar bear subpopulations over the last decade illustrate this management paradigm (Lunn et al. 2002, Aars et al. 2006, Obbard et al. 2010).

Anthropogenic global warming, and the realization that there is more natural variability in polar marine ecosystems than was previously thought, requires changes to this historic polar bear management paradigm. In the long term, global-warming induced habitat loss means there is no sustainable harvest for any population. It means that without mitigating the rise in atmospheric greenhouse gas concentrations, polar bears will disappear not only from some subpopulations, but possibly throughout their range (Amstrup et al. 2010, Amstrup 2011). However, stating that all subpopulations ultimately will decline and making projections of how and when each may reach critical thresholds are two different things. The latter depends on having meaningful population level monitoring statistics throughout the circumpolar range of polar bears.

As polar bear numbers decline during the next century, boundaries separating long-recognized subpopulations may change. Therefore, the current system of individually managing subpopulations supported by habitats that were formerly thought to be stable will need to be modified. Our ability to make effective changes will depend on having comparable long-term data from across the range of polar bears. The Parties signatory to the Agreement recognized this need at their meeting in Tromsø, Norway, in 2009 where they “welcomed ongoing efforts to monitor status and trends for polar bear populations, and agreed on the need to strengthen monitoring throughout the range of polar bears, and to coordinate and harmonize national monitoring efforts” (Directorate for Nature Management 2009:16).

Despite this recognition, there still are no monitoring plans shared among the five polar bear nations that would facilitate a coordinated response to both gradual and sudden changes in polar bear populations that will occur as a result of global warming and other population stressors. Here we propose a monitoring framework that will address this shortcoming.

**The monitoring framework**

**Challenges**

Polar bears are dependent upon sea ice for access to their prey. Their dependence on habitat that melts as temperatures rise means that climate warming poses the single most important threat to the persistence of polar bears over the long term (Stirling and Derocher 1993, 2012; Derocher et al. 2004; Obbard et al. 2010:85). Arctic sea ice extent is linearly related to global mean temperature that, in turn, is directly related to atmospheric greenhouse gas concentrations (Amstrup et al. 2010). Therefore, without mitigation of greenhouse gas, no polar bear subpopulations will be self-sustaining in the long...
term (Amstrup et al. 2010). To date, however, evidence for the adverse effects of warming has been limited to certain regions of the circumpolar range (Stirling et al. 1999; Regehr et al. 2007, 2010; Durner et al. 2009; Rode et al. 2010, 2012). Similarly, projections of future sea ice change differ among subpopulations and regions (Perovich and Richter-Menge 2009). It is also reasonable to hypothesize that polar bears living in historically colder regions of the Arctic where, until recently, multi-year ice has been fairly extensive, might derive transient benefit from a milder climate that resulted in more extensive annual ice over the continental shelf and in interisland channels in the Canadian Arctic Archipelago (Derocher et al. 2004).

The assurance that warming and habitat losses will continue as long as greenhouse gas concentrations rise (Amstrup 2011), and the anticipated regional variations in warming-induced habitat loss provide the critical backdrop for the development of a plan for future polar bear monitoring. However, habitat loss is not the only threat to the future status of polar bears. Previously, over-harvest was of great concern (Taylor et al. 1987b, Larsen and Stirling 2009). Although continuing habitat loss precludes long-term sustainability, many polar bear subpopulations could provide a harvest that can be maintained in the short term. Therefore, management must attempt to assure a balance, even if transient, between potential yield and ultimate levels of harvest (Peacock et al. 2010, 2011). Harvest is currently thought to be unsustainable in some populations, balanced in others, and of largely unknown status in the rest. In many cases, harvest documentation and the population data necessary to assess the impact of harvest are both insufficient to allow managers to assure harvests are sustainable. Given the cultural and economic importance of polar bear hunting in many regions, understanding the potential for and the impact of hunting continues to be a vital part of management and underlines the importance of developing an overall framework for monitoring polar bear subpopulations.

The global rise in contaminants also is a factor in monitoring the status of polar bears. Although polar bears live in remote Arctic regions, atmospheric and oceanic circulation patterns bring a variety of toxic substances into these locales from human population centers around the world. The contaminant burdens among polar bears vary among regions (e.g., Norstrom et al. 1998, McKinney et al. 2011). More importantly, even where contaminant burdens are known, the effects of contaminants on polar bear physiology and health are only partially understood (Sonne 2010). The potential for contaminants to affect Arctic systems is predicted to increase as climate warming alters global circulation and precipitation patterns (Macdonald et al. 2005) so that predicting local and regional effects will become more complicated and uncertain. Therefore, understanding patterns in and effects of pollution in the polar bear’s environment is an important part of a monitoring plan.

Expansion of industrial activities in the Arctic is expected to continue. In the Beaufort Sea of Alaska, for example, polar bears have been exposed to activities related to hydrocarbon exploration and development for over 40 years. Hydrocarbon exploration and development is expanding to the north in Norway, and the largest untapped oil and gas reserves north of the Arctic Circle are thought to occur in and near polar bear habitats of the Russian far north (Gautier et al. 2009). Significant portions of polar bear range are already experiencing development, but with warming-induced sea ice decline, previously inaccessible areas will become vulnerable to future development. The direct effects of human activities, the increased potential for negative human–bear encounters, and the increased potential for local pollution are all concerns that must be monitored if we are to understand the future consequences for polar bears and manage associated impacts.

As human populations grow and their distributions change throughout the Arctic, polar bears will face increased risks from a variety of human–bear interactions. Although human–bear interactions are reasonably straightforward to document, we have a long way to go to understand the effects of such interactions. The role these cumulative stresses, resulting from a more crowded Arctic, may play in the future of polar bears must be included in the development of monitoring plans.

As we are becoming increasingly aware of the coming changes in the Arctic, we also are poignantly aware of the shortcomings in our knowledge base. Our current scientific understanding of polar bears and their reliance on sea ice habitats is the result of long-term research and monitoring projects in only a few subpopulations. Thus, it is likely that the information gathered to date in those studies is inadequate to fully understand the complex ecological ramifications of climate warming and other
stressors. Sustained long-term monitoring that can be compared across the circumpolar range of the polar bear will be essential to understand ongoing effects of climate warming and the other population-level stressors. Developing and implementing a plan that harmonizes local, regional, and global efforts will be needed to detect and understand how climate warming and other population stressors may differentially affect populations and habitats.

Because polar bears live in extreme, remote environments, they are costly to study and few jurisdictions have been able to devote the resources necessary to document long-term trends. Current knowledge is inadequate for a comprehensive understanding of the present and future impacts of many individual stressors, and the cumulative effects of all ongoing and future stressors are unknown (Laidre et al. 2008). Here, we provide a framework for an integrated circumpolar monitoring plan that will enable managers to detect ongoing patterns, predict future trends, and identify the most vulnerable subpopulations.

The framework. The monitoring framework described in this monograph represents the collective scientific opinion of the co-authors for the most effective ways to monitor polar bears on a circumpolar level. We encourage the polar bear Range States (Canada, Greenland, Norway, Russia, and USA) to use it to develop appropriate and realistic monitoring plans, based on resources and priorities for each country. The proposed framework suggests how the best available scientific methods, Traditional Ecological Knowledge (TEK), and Community-based Monitoring (CBM) should be integrated into a comprehensive plan across the circumpolar Arctic. The main elements of the monitoring framework document are: a monitoring approach that is based on the four ecoregions (Amstrup et al. 2008, 2010) describing sea ice-differences and the ecological responses of polar bears to those differences; a tiered monitoring approach (recommending monitoring intensities and methods that differ among subpopulations); and recommended monitoring parameters (background and monitoring schemes).

Monitoring framework objectives
The objectives for this monitoring framework have been adopted from a background paper by Vongraven and Peacock (2011). Recognizing the need for more effective monitoring, we describe the framework for a long-term polar bear monitoring plan that aims to: rank the world’s 19 subpopulations with regard to their monitoring need and potential; select representative subpopulations for high and lower intensity monitoring; identify parameters that must be monitored to understand worldwide patterns in polar bear status; identify a range of estimators and indices appropriate for different monitoring intensities among subpopulations and that may illuminate trends in critical parameters; identify how high-intensity efforts can be used to calibrate lower-intensity efforts; and identify research needed to establish the most effective monitoring methods and frequencies.

A tiered monitoring approach
Conducting monitoring that will provide accurate and precise information about polar bear population status and well-being in all 19 presently acknowledged subpopulations is a complicated, expensive, and demanding task. Polar bears generally occur at low densities over vast areas and live much of the year in an extreme, remote environment often accessible only through elaborate and expensive logistics. Because the cost of comprehensive monitoring will be high, some jurisdictions may find it difficult to maintain the necessary long-term commitment. Thus, we recommend a tiered monitoring approach in which selected subpopulations within each ecoregion will be monitored at high intensity and other subpopulations will be monitored at lower intensity. Subpopulations to be monitored at high intensity are based on a high level of existing information, on researcher accessibility, and on being ecologically representative of the larger ecoregion in which they occur. If monitoring efforts are coordinated among different subpopulations, this approach will allow meaningful extrapolation between the intensively monitored areas and those receiving lower intensity monitoring within the same ecoregion.

This tiered monitoring approach is applicable to only some of the suggested monitoring metrics (e.g., subpopulation size and trend, survival rates, and reproductive parameters). In contrast, habitat monitoring using remote sensing, and, in some cases, methods that use harvest and CBM, can be applied to subpopulations regardless of the intensity at which they are being monitored for demographic parameters.
Polar bear subpopulations

Polar bears are distributed throughout the ice-covered waters of the circumpolar Arctic. They occur in areas where the temporal and spatial distribution of sea ice are adequate to ensure that sufficient energy reserves can be obtained to allow survival and maintenance through periods when ice may be absent or insufficient to allow successful hunting.

At present, 19 population units of polar bears (Fig. 1) are recognized throughout the circumpolar Arctic by the International Union for the Conservation of Nature (IUCN) Species Survival Commission (SSC) Polar Bear Specialist Group (PBSG). We use the term ‘subpopulation’ according to IUCN terminology (IUCN 2010) when it refers directly to polar bear subpopulations and ‘population’ when it refers to general theory and methodology (e.g., ‘population dynamics’). For current subpopulation status see Obbard et al. (2010:31–80). See Vongraven and Peacock (2011) for more discussion on the use of these terms.

Polar bear ecoregions

Although 19 subpopulations have been defined, ecological similarities allow clustering of subpopulations into larger geographic regions within which their habitats are more similar than different (Fig. 2; Amstrup et al. 2008). Ecoregions are defined by “observed temporal and spatial patterns of ice melt, freeze, and advection, observations of how polar bears respond to those patterns, and how general circulation models (GCMs) forecast future ice patterns in each ecoregion” (Amstrup et al. 2008: 215, 2010: Online Supplementary Information).

We acknowledge variation in habitat within an ecoregion, potential for change in assignment in the future, and other categorizations of polar bear subpopulations (e.g., Thiemann et al. 2008a). Nevertheless, we adopt the ecoregion approach (Table 1) as a heuristic model for a framework within which circumpolar monitoring of polar bears may occur (Vongraven 2011). We recognize these designations may become less relevant as sea ice dynamics and polar bear ecological responses are altered by continuing global warming. The likelihood of such changes mandates an adaptive management framework in which the global distribution of effort also should change.

The Arctic Basin (AB) was acknowledged as a separate catch-all subpopulation by the PBSG in 2001 (Lunn et al. 2002). This designation was chosen to account for bears that may reside outside the existing territorial jurisdictions. The AB subpopulation was left out of the analyses made by Amstrup et al. (2008) because the Arctic Basin is characterized by deep and unproductive waters (polar bears prefer sea ice over the shallower waters of the continental shelf <300 m depth where higher densities of seals provide more hunting opportunities), and because tracking studies indicate that few bears are year-round residents of the central Arctic Basin. However, to date there has been no dedicated monitoring or research in the AB and the AB may play a different role for polar bears under a scenario of climate warming.

Ad hoc subpopulation Norwegian Bay Convergent. We added a Canadian High Arctic subpopulation entity, an ad hoc monitoring region, the Norwegian Bay Convergent (NWCon), in the Convergent Sea Ice Ecoregion (Amstrup et al. 2008, 2010). This area will probably be the last region where polar bears can find suitable habitat if greenhouse gas levels continue to rise. We provide a full argument in “Designation of subpopulations in high–medium–low”.

Monitoring intensities

There is great variation in accessibility, available information, and probability of gathering future information among subpopulations. Ideally, a monitoring plan should identify basic and easily-collected metrics for each monitoring element that can be reasonably, realistically, and comparatively measured in all or most subpopulations. Such metrics must provide sufficient power and resolution to reveal changes in polar bear status at the ecoregion or circumpolar level. For subpopulations that are relatively accessible, or for which substantial data already exist, monitored metrics can provide more statistically robust assessments of status and trend than others. In subpopulations where research access is good and resources are available, it is important to continue research on ecological relationships and causal mechanisms that determine trends.

We recommend high-, medium-, and low-intensity of population-level research and monitoring for polar bear subpopulations (see Tables 2, 3a, 3b). These assignments are based on the level of existing knowledge (e.g., quality of baseline data sets, availability of TEK), accessibility for science-based methods, and CBM for each subpopulation of polar...
bears. Although several assessments have provided evidence for the threat of climate warming to polar bears, they are also affected by harvest, poaching, industrial activity (including marine and terrestrial exploration and development, and ice-breaking), and pollution (Table 3). We also recommend annual harvest monitoring, CBM, and the collection of TEK to occur at intensities commensurate with community access (these levels of intensity may not be the same as intensities recommended for population-level scientific research).

Metrics in the medium- and low-intensity sampling areas must be measured in a way that maximizes their comparability with the more intensively monitored subpopulations in each ecoregion. For example, data derived from CBM approaches need to be collected simultaneously with data derived from scientific monitoring approaches in medium and high-intensity monitored subpopulations to facilitate calibration of data derived from CBM in subpopulations where only low-intensity monitoring is possible. This calibration will allow development of parallel lines of evidence among subpopulations. Trends in monitoring elements at the ecoregion level can be estimated by extrapolation from reference, or high-intensity subpopulations, to medium- and low-intensity subpopulation areas, and by comparison to monitored metrics among subpopulations within the same ecoregion. Trends at the global level can be estimated by amalgamation of information from each ecoregion. Finally, we recommend that a high-intensity program also be developed in parts of the Convergent Sea Ice Ecoregion, which is predicted to retain suitable polar bear habitat farther into the future than other geographic areas under current scenarios of climate warming (Durner et al. 2009). For further discussion, see Section “Designation of subpopulations in high–medium–low”.

We recommend that estimates of subpopulation size and assessments of trend for subpopulations monitored at high-intensity be developed at intervals no longer than five years. However, power analyses
of data from subpopulations with long time series of population estimates may help further clarify the optimal length of intervals between study efforts (see “Priority studies”). We suggest that subpopulations designated as medium-intensity be monitored in an adaptive framework based on threats and information needs. We recommend low-intensity monitoring primarily for those subpopulations where research access is difficult. However, this designation does not imply there are not high threat levels in these subpopulations, or that monitoring of them might not be valuable should funding be available.

**Adaptive monitoring**

The present rate of change in sea ice habitats due to climate warming is unprecedented (Intergovernmental Panel on Climate Change 2007, Stroeve et al. 2007). At the same time, the pressure from anthropogenic drivers is increasing. Consequently, future changes in ecosystems and habitats are likely to be so rapid and severe that existing monitoring schemes will not adequately reveal trends. Therefore, we recommend that an adaptive framework be applied to the subpopulations designated for medium-intensity monitoring. Adaptive monitoring “provides a framework for incorporating new questions into a monitoring approach for long-term research while maintaining the integrity of the core measures” (Lindenmayer and Likens 2009:483). For example, subpopulations not currently showing indications of decline will be increasingly affected by ice habitat decline (e.g., Davis Strait). New data collection may reveal that human-caused mortality may have more impact than previously assumed (e.g., levels of poaching in the Chukchi Sea). If threats become severe enough, monitoring in these subpopulations should be increased to address emerging or increasingly severe management concerns. This implies that the frequency and intensity of subpopulation monitoring will be modified as needed based on the assessed threat level or other factors influencing the well-being of subpopulations. Assessment of threat...
levels and monitoring schemes will be undertaken regularly (see “Priority studies”).

Lastly, for this monitoring framework to have long-term utility, we must measure its success. We call for a periodic examination, made available to the public and the Parties to the Agreement, of what monitoring has been conducted relative to the overall framework recommended in this plan. As new results become available, the plan should be refined and revised, including reassessment of ecoregional and monitoring-intensity designations.

**Designation of subpopulations in high–medium–low intensity monitoring**

It is critical that at least one subpopulation in each ecoregion receive the highest intensity monitoring possible (Fig. 3). This maximizes the opportunity to calibrate lower intensity methods applied elsewhere.

### Table 1. Description of polar bear ecoregions (Amstrup et al. 2008). An ad hoc polar bear monitoring region called Norwegian Bay Convergent, or NWCon, has been identified in the Convergent Sea Ice Ecoregion. This area represents a future refugium that should be given high monitoring priority.

<table>
<thead>
<tr>
<th>Ecoregion</th>
<th>As described by Amstrup et al. 2008</th>
<th>Polar bear subpopulations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Divergent Sea Ice</td>
<td>Characterized by extensive formation of annual sea ice, which is then advected into the center of the polar basin through Fram Strait. The Polar Basin Divergent Ecoregion lies between ~127° W longitude and 10° E longitude and includes the southern Beaufort, Chukchi, East Siberian-Laptev, Kara, and Barents seas.</td>
<td>Southern Beaufort Sea, Chukchi Sea, Laptev Sea, Kara Sea, Barents Sea</td>
</tr>
<tr>
<td>Convergent Sea Ice</td>
<td>The remainder of the polar basin including East Greenland (i.e. Fram Strait, Greenland Sea, and Denmark Strait), the continental shelf areas adjacent to northern Greenland and the Queen Elizabeth Islands, and the northern Beaufort Sea. This area is characterized by heavy multyear ice with a recurring lead system that runs along the Queen Elizabeth Islands from the northeastern Beaufort Sea to northern Greenland.</td>
<td>East Greenland, Northern Beaufort, Norwegian Bay Convergent (new designation)</td>
</tr>
<tr>
<td>(Arctic) Archipelago</td>
<td>Much of this region is characterized by heavy annual and multyear (perennial) ice that historically has filled the interisland channels year-round. Polar bears remain on the sea ice, therefore, throughout the year.</td>
<td>Kane Basin, Norwegian Bay, Lancaster Sound, Viscount Melville, M'Clintock Channel, Gulf of Boothia</td>
</tr>
<tr>
<td>Seasonal Sea Ice</td>
<td>Sea ice melts entirely in the summer and bears are forced ashore for extended periods of time, during which they are food deprived.</td>
<td>Baffin Bay, Davis Strait, Foxe Basin, Southern Hudson Bay, Western Hudson Bay</td>
</tr>
</tbody>
</table>

### Table 2. Suggested monitoring intensities for polar bear subpopulations. The alternative terms could be helpful as an alternative way to visualize the different monitoring regimes.

<table>
<thead>
<tr>
<th>Monitoring intensity</th>
<th>Alternative terms</th>
<th>Description of monitoring</th>
</tr>
</thead>
<tbody>
<tr>
<td>High</td>
<td>Continuous</td>
<td>Ideally, there should be at least one high intensity subpopulation within each ecoregion to serve as major reference point, which could facilitate projection of likely trends in other subpopulations for which there may be less information. A high rank is based on the quality of historical quantitative baseline data, perceived threats, and (wherever possible) lower logistical costs for continued monitoring. Reference value also pertains to geophysical and geopolitical considerations such as protected areas, ongoing or expected industrial development, or harvest, and the degree to which they might have predictive value for trends in other subpopulations in the same ecoregion. An individual subpopulation may not rank high in each category of data needed (Table 3).</td>
</tr>
<tr>
<td>Medium</td>
<td>Adaptive’</td>
<td>Subpopulation that also may have been subjected to periods of intense study although for shorter periods, or which have been subjected to moderate levels of ongoing monitoring, so that there are reference data against which the results of new studies could be evaluated. It is suggested that subpopulation is monitored within an adaptive framework.</td>
</tr>
<tr>
<td>Low</td>
<td>Opportunistic</td>
<td>Because of remoteness and lower likelihood of securing resources to monitor more intensively, it may only be possible to conduct basic and more easily collected metrics in a low intensity population. Monitoring efforts will be less frequent, more opportunistic, and at a lower level of intensity. Application of remote (e.g., satellite) technology may be particularly helpful. This categorization does not necessarily reflect a lower severity of threats to the subpopulation.</td>
</tr>
</tbody>
</table>
within each ecoregion, as well as the opportunity to extrapolate trends to the ecoregion. We recommend that monitoring begin in the new NWCon region as soon as possible. The strong baseline of information supports that the Northern Beaufort Sea subpopulation also be considered as a high-intensity monitoring area representing the Convergent Sea Ice Ecoregion.

Table 3a. Attributes (from Table 3b) of the subpopulations that were considered in determining monitoring intensity of 19 subpopulations based on Vongraven and Peacock (2011). The table follows the region and subpopulation designations in Amstrup et al. (2008), and assessments made are all expert. The ad hoc subpopulation Norwegian Bay Convergent (NWCon) is not included.

<table>
<thead>
<tr>
<th>Ecoregion</th>
<th>Subpopulation</th>
<th>Quality of baseline data</th>
<th>Risk from climate change</th>
<th>Pollution</th>
<th>Harvest</th>
<th>Poaching</th>
<th>Industry</th>
<th>CBM or harvest data</th>
<th>Access</th>
<th>Shared Jurisdiction</th>
</tr>
</thead>
<tbody>
<tr>
<td>DIVERGENT</td>
<td>Barents Sea</td>
<td>High</td>
<td>High</td>
<td>No</td>
<td>No</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>High</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>Chukchi Sea</td>
<td>Medium</td>
<td>High</td>
<td>Low</td>
<td>Yes</td>
<td>Yes</td>
<td>High</td>
<td>High</td>
<td>Medium</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>Kara Sea</td>
<td>Low</td>
<td>High</td>
<td>No</td>
<td>Yes</td>
<td>High</td>
<td>Low</td>
<td>Low</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Laptev Sea</td>
<td>Low</td>
<td>High</td>
<td>No</td>
<td>Yes</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Southern Beaufort Sea</td>
<td>High</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>High</td>
<td>High</td>
<td>High</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>East Greenland</td>
<td>Medium</td>
<td>High</td>
<td>No</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>Low</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Northern Beaufort Sea</td>
<td>Medium</td>
<td>Medium</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>High</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Gulf of Boothia</td>
<td>Medium</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>High</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Kane Basin</td>
<td>Medium</td>
<td>?</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>Medium</td>
<td>Yes</td>
</tr>
<tr>
<td></td>
<td>Lancaster Sound</td>
<td>Medium+</td>
<td>Medium</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>High</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>M’Clintock Channel</td>
<td>Medium</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
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<td>High</td>
<td>High</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Norwegian Bay</td>
<td>Medium</td>
<td>Low</td>
<td>No</td>
<td>Low</td>
<td>Low?</td>
<td>Medium</td>
<td>No</td>
<td>No</td>
<td>No</td>
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<tr>
<td></td>
<td>Viscount Melville</td>
<td>Medium</td>
<td>Low</td>
<td>?</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>Medium</td>
<td>Medium</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Baffin Bay</td>
<td>Medium+</td>
<td>High</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Medium</td>
<td>High</td>
<td>High</td>
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<td></td>
<td>Davis Strait</td>
<td>Medium+</td>
<td>High</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
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<td>Yes</td>
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<td></td>
<td>Fexe Basin</td>
<td>Medium</td>
<td>Medium</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Medium</td>
<td>High</td>
<td>High</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Southern Hudson Bay</td>
<td>Medium+</td>
<td>High</td>
<td>Low</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>High</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Western Hudson Bay</td>
<td>High</td>
<td>High</td>
<td>No</td>
<td>Yes</td>
<td>No</td>
<td>Low</td>
<td>High</td>
<td>High</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Arctic Basin</td>
<td>Low</td>
<td>High</td>
<td>?</td>
<td>No</td>
<td>?</td>
<td>Low</td>
<td>Low</td>
<td>Low</td>
<td>Yes</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Attribute</th>
<th>Description</th>
<th>Possible responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quality of baseline data</td>
<td>The relative level of existing scientific information from past population monitoring: incorporates duration, intensity, and currency of existing data</td>
<td>high, medium+, medium, low</td>
</tr>
<tr>
<td>Risk of climate change</td>
<td>The relative current or imminent negative impact of climate warming on polar bears and their sea ice habitat</td>
<td>high, medium, low, or unknown (?)</td>
</tr>
<tr>
<td>Pollution</td>
<td>The relative, known levels of toxic contaminants in polar bears</td>
<td>high, medium, low, or unknown (?)</td>
</tr>
<tr>
<td>Harvest</td>
<td>Are polar bears legally harvested?</td>
<td>yes or no</td>
</tr>
<tr>
<td>Poaching</td>
<td>Is the level of illegal harvest a conservation concern?</td>
<td>yes, no or unknown (?)</td>
</tr>
<tr>
<td>Industry</td>
<td>The current and imminent level of industrial development (marine, terrestrial, shipping)</td>
<td>high, medium, low</td>
</tr>
<tr>
<td>CBM/harvest data</td>
<td>The current or potential level of access for collection of harvest data and samples or community-based monitoring (CBM)</td>
<td>high, medium, low</td>
</tr>
<tr>
<td>Access</td>
<td>The relative level of access for scientific research (includes consideration of costs, infrastructure, and remoteness)</td>
<td>high, medium, low</td>
</tr>
<tr>
<td>Shared jurisdiction</td>
<td>Is the subpopulation shared between international jurisdictions?</td>
<td>yes or no</td>
</tr>
</tbody>
</table>

Table 3b. Descriptions of attributes of polar bear subpopulations used in determining monitoring intensity (see Table 3a).
Recommended monitoring parameters

In this section, we describe what and how to monitor in the high-, medium-, and low-intensity monitoring subpopulations. The discussion is organized according to biological parameters that must be monitored to understand trends in population status. For each parameter, we describe why it should be monitored, how it could be monitored in a standardized manner, and how it could or should be monitored related to the different monitoring intensities.

Subpopulation size and trend

The question most often asked of polar bear researchers and managers is “how many polar bears are there?” Policy-makers and the public view the number of animals in any population and the trend in that number as the most straightforward way to understand the status of that population. In many circumstances, the second question asked is “how many bears are being harvested?” Knowing the number of bears in a subpopulation is one of the most important parameters needed (along with survival and reproductive rates) to inform the setting of quotas for harvest. Knowing the trend in population size and the ratio of population size to harvest provides an understandable assessment of whether a harvest is sustainable and provides direct empirical evidence of what needs to be done to bring the system into balance. Beyond concerns of harvest, knowledge of population trend provides a yardstick of subpopulation status. Estimates or indices of subpopulation size and trend therefore are key components of a monitoring plan.

Despite its desirability, population size is the most difficult parameter to estimate for polar bears. Polar bears occur at low densities scattered over very large geographic areas and are the most mobile of non-aquatic mammals (Amstrup et al. 2000, 2004). They are camouflaged when in their sea ice environment, and they are largely solitary. Inter-annual variation in movements and distribution, and the inability, within many subpopulations, to sample polar bears throughout their activity areas, complicate direct estimates of population size and trend. Similarly, indices of population size and trend using empirical observations of population composition or harvest data can be compromised by sex and age selection in harvest, variable environmental conditions, and lack of consistent replication. Including population size and trend assessments in a meaningful monitoring strategy is therefore necessary, yet challenging.

Why monitor subpopulation size and trend?

The challenges in developing population size and trend information were historically not a critical shortcoming. If insufficient data or poor interpretation led to overharvest, population recovery could follow release from excessive harvest pressure (Amstrup et al. 1986). However, habitat availability is no longer stable. Although all subpopulations ultimately will decline if the increase in greenhouse gas emissions is not arrested, the effects of warming will vary in both space and time. Understanding these differences and how on-the-ground management may be able to best respond will depend on monitoring strategies that can be compared among all geographic regions and subpopulations.

How polar bear population size and trend should be monitored. Ideally, we would like to know the number of animals in each polar bear subpopulation at any point in time. Population size can be estimated by methods such as mark–recapture (M–R) and line-transect surveys. In these approaches abundance is estimated directly by evaluating ratios of marked and unmarked animals among multiple capture occasions (Amstrup et al. 2005a), or by animal counts calibrated with statistically-derived detection functions (Buckland et al. 2001). Indirect approaches to population estimation depend on age–structure data or other demographic information that is proportional to the actual population size. Population trend can be determined by comparison of estimates over time (Regehr et al. 2007, Stirling et al. 2011) or by projection of the population growth rate based upon estimated reproduction and survival (e.g., Taylor et al. 2002, Hunter et al. 2010).

Direct estimates of population size and trend. The two main quantitative methods used to assess polar bear population size have been M–R and aerial surveys. Under some circumstances components of these methods may be combined (e.g., multiple-source M–R) to provide the best possible estimates.

Much of what we now know about polar bears we know from a limited number of long-term physical M–R studies. Physical M–R requires capture efforts that are repeated regularly over (historically in the case of polar bears) multi-year periods. M–R estimates of subpopulation size are based on ratios of marked to unmarked individuals (Amstrup et al. 2005a). Physical M–R requires chemical immobilization and handling of individual bears. Polar bears are located by helicopter search, physically captured (with an immobilizing agent delivered by a dart or
projectile syringe), and permanently marked for future identification. When sample sizes are large and when sampling distribution is assumed sufficient to assure consistent recapture probabilities, estimates of population size may be obtained with two sampling periods. These could be multiple events within one year or season or two separate years. However, the interannual variation in movements and the huge geographic areas that must be sampled mean that most M–R efforts require multiple years of data to derive reliable population size estimates for polar bears. Because polar bears have long life expectancies and reproduce slowly, information about population trends typically requires long-term studies or multiple projects scattered over multi-year time intervals.

Despite high costs resulting from reliance on helicopters for sampling, physical M–R has been the standard method for estimating population size for polar bears. In addition to direct estimates of abundance, capture-based methods can provide direct estimates of reproduction and survival rates. This allows estimates of trend to be projected from vital rates as well as measured from changes in estimates of population size over time. Additionally, when bears are physically captured, their sex, age, and physical and reproductive condition can be evaluated. Indicators of population level changes, made possible by the physical handling of bears, can be apparent well before direct estimates of population trend are available (Stirling et al. 1999), and they provide a separate data stream on growth, reproduction, and survival of young that can help explain trends in the population (Amstrup et al. 1986, Rode et al. 2010, Stirling et al. 2011). Just as importantly, the physical capture of large numbers of bears allows construction of population sex and age structure. Reconstructing the population composition from sex and age composition of a captured

Fig. 3. Polar bear ecoregions and tiered selection of subpopulations to monitor with high and medium intensity, based on threat and knowledge factors (ecoregions from Amstrup et al. 2008). Polar bears occurring in NWCon (Norwegian Bay Convergent) area are currently not considered to represent a subpopulation (Obbard et al. 2010:33), but it is suggested to monitor the area intensively as a part of monitoring the NW (Norwegian Bay) subpopulation. The NW and NWCon are assumed to serve as refugia in the future, and monitoring NWCon will include the future situation in the Convergent Sea Ice Ecoregion.
Table 4. Recommended monitoring intensities of the 19 subpopulations of polar bears and factors influencing that designation. Tables 3 and 4 include a comprehensive list of threats to subpopulations and considerations for research and monitoring of each subpopulation. The Norwegian Bay Convergent subpopulation is not currently acknowledged by PBSG.

<table>
<thead>
<tr>
<th>Eco-region</th>
<th>Subpopulation</th>
<th>Recommended monitoring intensity</th>
<th>Deciding factors for level of monitoring intensity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Divergent</td>
<td>Barents Sea</td>
<td>high</td>
<td>high quality baseline data; high risk of climate change; good research access; high pollution levels</td>
</tr>
<tr>
<td></td>
<td>Chukchi Sea</td>
<td>medium</td>
<td>poaching; harvest is locally important; high risk of climate change; moderate research access; shared international jurisdictions; high industrial development</td>
</tr>
<tr>
<td></td>
<td>Kara Sea</td>
<td>low</td>
<td>poor research access</td>
</tr>
<tr>
<td></td>
<td>Laptev Sea</td>
<td>low</td>
<td>poor research access</td>
</tr>
<tr>
<td></td>
<td>Southern Beaufort Sea</td>
<td>high</td>
<td>high quality of baseline data; harvest locally important; high industrial development; high risk of climate change; good research access</td>
</tr>
<tr>
<td>Convergent</td>
<td>East Greenland Sea</td>
<td>medium</td>
<td>poor quality baseline data; high harvest; poor research access</td>
</tr>
<tr>
<td></td>
<td>Northern Beaufort Sea</td>
<td>medium</td>
<td>good long-term research data base. Harvest is locally important; good research access</td>
</tr>
<tr>
<td></td>
<td>Norwegian Bay Convergent</td>
<td>high</td>
<td>not an acknowledged subpopulation (former Queen Elizabeth); represents future refugia; low research access and poor baseline data</td>
</tr>
<tr>
<td>Archipelago</td>
<td>Gulf of Boothia</td>
<td>medium</td>
<td>good research access; harvest locally important</td>
</tr>
<tr>
<td></td>
<td>Kane Basin</td>
<td>medium</td>
<td>harvest locally important; unknown risk of climate change; moderate research access</td>
</tr>
<tr>
<td></td>
<td>Lancaster Sound</td>
<td>high</td>
<td>representative of Archipelago ecoregion with good research access; good long-term, but uneven, research data base; industrial development; harvest locally important; good baseline data</td>
</tr>
<tr>
<td></td>
<td>M’Clintock Channel</td>
<td>medium</td>
<td>climate effects not as dramatic; harvest locally important; good research access</td>
</tr>
<tr>
<td></td>
<td>Norwegian Bay</td>
<td>high</td>
<td>climate effects not as dramatic; predicted future refugia; moderate research access and baseline data</td>
</tr>
<tr>
<td>Seasonal Ice</td>
<td>Viscount Melville</td>
<td>medium</td>
<td>climate effects not as dramatic; moderate research access and baseline data; harvest locally important; high risk of climate change; good baseline data; shared international jurisdictions</td>
</tr>
<tr>
<td></td>
<td>Baffin Bay</td>
<td>medium</td>
<td>harvest locally important; high risk of climate change; good baseline data</td>
</tr>
<tr>
<td></td>
<td>Davis Strait</td>
<td>medium</td>
<td>harvest locally important; high risk of climate change; good baseline data</td>
</tr>
<tr>
<td></td>
<td>Foxe Basin</td>
<td>medium</td>
<td>harvest locally important; moderate baseline data and risk from climate change</td>
</tr>
<tr>
<td></td>
<td>Southern Hudson Bay</td>
<td>medium</td>
<td>harvest locally important; good baseline data; high risk of climate change</td>
</tr>
<tr>
<td></td>
<td>Western Hudson Bay</td>
<td>high</td>
<td>high quality baseline data; high risk of climate change; harvest locally important</td>
</tr>
<tr>
<td></td>
<td>Arctic Basin</td>
<td>low</td>
<td>poor research access</td>
</tr>
</tbody>
</table>

sample allows for indirect assessments of vital rates and population trend (Caughley 1977, Skalski et al. 2005). This can provide a basis for extrapolation from areas of intensive monitoring where M–R work is performed to less intensively monitored areas where only indices to composition may be available.

An alternative to physical M–R is remote or genetic M–R (Taylor and Lee 1995). In genetic M–R the marks are the genetic identities of individual bears. Genetic M–R has been used for over a decade to estimate population parameters in other wildlife, notably black (U. americanus) and brown (U. arctos) bears (Woods et al. 1999, Kendall et al. 2009), but only recently has been employed in polar bears to independently estimate population size (Government of Nunavut, Iqaluit, Nunavut, Canada, and Greenland Institute of Natural Resources, Nuuk, Greenland, unpublished data), or to contribute to multiple-source M–R (Herreman and Peacock 2011). Tissue samples can be collected either actively or passively, and a genetic fingerprint of the sampled bear and its gender is developed. In the active sampling method, bears are located by helicopter and darted as in physical M–R using a genetic sampling dart that removes a small plug of skin and hair when it strikes the animal. The dart falls to the ground after impact and is collected. Therefore, this approach requires pursuing the animal with a helicopter as in physical M–R, but does not require drugging or physically manipulating the animal.

In passive genetic M–R, hair samples are collected from individuals as they pass through traps.
of barbed wire or equivalent strung around something that attracts bears to a site, or in areas naturally frequented by bears) designed to snag hair samples as bears pass by (Woods et al. 1999). DNA is extracted from the roots of individual hairs and, where visitations to such traps are predictably frequent and where visitors represent an unbiased sample of the population, M–R population estimates or estimates of numbers in areas (Herreman and Peacock 2011) may be derived.

Line-transect or distance sampling (Buckland et al. 2001) is a third class of methods for estimating abundance of polar bears (Wiig and Derocher 1999, Aars et al. 2009, Stapleton et al. 2011). Flight paths are identified and flown over polar bear habitats, and observed bears are tallied along with their distance from the flight path and other variables. Detection functions (statistical models representing the sightability of bears) are applied to the number of bears seen to estimate how many bears were in the sampled area at the time of survey.

Aerial surveys that include multiple observers can be used to derive M–R estimates by comparing the number of animals seen and not seen by different observers (Crête et al. 1991), and distance sampling conducted by multiple-observers can take advantage of the additional statistical strengths of M–R methods (MRDS; Laake 1999). Aars et al. (2009) provide an example of MRDS using aerial counts to estimate polar bear abundance. Although a single aerial survey may provide a rapid estimate of subpopulation size compared to M–R methods, such surveys must be replicated over time to estimate trend. Therefore, if a goal is to monitor trend, the costs of multiple aerial surveys must be compared to the costs of M–R approaches to determine most effective approach in an area.

**Indirect estimates of population size and trend.** Where direct and high intensity methods of population assessment are not logistically possible, population status may be reconstructed from a variety of indirect measurements or indices. In harvested populations, where harvest is unbiased or biases are known, and where returns are reliable, the harvest sex and age composition can be used to estimate survival rates and reconstruct the population. Indices are measurements that, although indirect, are presumed to be proportional to size or trend. Tabulation of animal sign (e.g., tracks, dens), composition counts (numbers of young/female observed during surveys conducted at the same times and locations each year), and catch per unit of effort data, are examples of indices. Many wildlife species for which direct estimates are unavailable have been managed successfully with indices of population size and trend (Caughley 1977, Skalski et al. 2005).

The large movements, solitary behavior, and volatile substrate upon which polar bears live mandate caution in the use of indices for population assessment. Indices of population size and trend have seen limited recent use in monitoring of polar bears, but there are some notable examples of success (e.g., Stirling et al. 2004). Although polar bear harvest records are abundant, biases in harvest data from inaccurate reporting and varying levels of effort and efficiency often prevent a straightforward relationship with population size and trend (Peacock and Garshelis 2006). Such biases are particularly relevant for monitoring polar bears. An historic example of application of a flawed index to polar bear population trends was the management of the aerial trophy hunt in Alaska with hunter-reported catch data. Trophy hunting guides were required to report numbers of bears killed during their hunting flights over the Arctic sea ice. Although the numbers of bears killed were consistently recorded, changes in effort intensity and geographic location were not. The continuously increasing catch, without accurate reporting of effort, was taken as a sign that the harvest was being sustained and that the population was much larger than it really was. The resulting excessive harvest during the 1950s, 1960s, and early 1970s (Amstrup et al. 1986) emphasized the need to understand strengths, weaknesses, and potential for biases in an index, before relying on it to make management decisions. In addition to effort and reporting issues, strict regulations regarding harvest composition may complicate life-table or other indirect population reconstruction approaches for polar bears. The construction of life tables from polar bear captures (Amstrup 1995), however, suggests that population reconstruction from harvest data may have value if sampling biases can be corrected (e.g., by comparison to capture data) and if consistent sampling and reporting can be achieved. Regardless of regionally varying challenges, the impracticality of universally applying high intensity methods means that indices of abundance or density used for other wildlife species (e.g., occupancy modeling or extrapolation of numbers to larger areas based on habitat resource selection functions), must be explored if we are to develop monitoring practices comparable across the whole polar bear range.
Table 5. Methods and frequencies for monitoring of subpopulation abundance in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. There is also a need for a power analysis of existing data to assist in finding an optimal sampling scheme for polar bear subpopulation size and trend (see Priority study 1).

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical M–R</td>
<td>H</td>
<td>essential</td>
<td>annually or for at least 3-year periods at 5-year intervals</td>
<td>Physical M–R requires handling of bears, which provides indirect measures and indices of population status (e.g. sex and age composition, physical condition) that can be compared to lower intensity areas where only indirect methods may be available.</td>
</tr>
<tr>
<td>Genetic M–R</td>
<td>M</td>
<td>essential</td>
<td>based on threat level</td>
<td>Genetic M–R does not require handling bears but, because of that, does not provide physical assessments or complete sex and age composition information.</td>
</tr>
<tr>
<td>Genetic M–R combined with aerial survey methods (MRDS or strip sampling)</td>
<td>M</td>
<td>essential</td>
<td>based on threat level</td>
<td>Indirect population assessments and indices that may be accomplished by CBM.</td>
</tr>
<tr>
<td>Indirect population assessments and indices (that may be accomplished by CBM). Harvest based inference.</td>
<td>H</td>
<td>essential</td>
<td>annually or at least every 5 years</td>
<td>High intensity methods must be accompanied by lower intensity methods (some of which are best accomplished by applying CBM). Accomplishing these in parallel with higher intensity methods in high intensity monitoring areas is essential for calibration of lower intensity methods in subpopulation areas that may only receive lower-intensity monitoring.</td>
</tr>
<tr>
<td>Standardized visual observations and other indirect population assessments and indices that may be accomplished by CBM. Harvest-based inference.</td>
<td>L</td>
<td>essential</td>
<td>annually or as frequently as possible</td>
<td>Where more intense methods not possible, the best possible standardized effort must be made for indirect assessments. Methods must be comparable to indirect assessments from high intensity areas. Genetic M–R may be possible with community-based initiatives. High frequency to compensate for the potential for bias and imprecision in these indices, and the need for calibration requires they be conducted yearly or as frequently as possible.</td>
</tr>
</tbody>
</table>

**Intensity of monitoring.** Long-term M–R monitoring has occurred most consistently in the Western Hudson Bay and Southern Beaufort Sea subpopulations (Tables 5 and 6). In these subpopulations more than anywhere else in polar bear range, we have the opportunity to document changes that occur as sea ice habitats progressively deteriorate and the opportunity to test the accuracy of projected changes. The successes in these subpopulations make it clear that an objective of future monitoring must be to implement similar high intensity monitoring in one or more representative subpopulations within each of the four polar bear ecoregions. Therefore, other subpopulations that could receive high intensity monitoring are the Northern Beaufort Sea subpopulation in the Convergent Sea Ice Ecoregion and the Lancaster Sound subpopulation in the Archipelago Ecoregion.

Ideally, high intensity monitoring will be employed in three other subpopulations because of ongoing and anticipated changes in those subpopulation regions. The Barents Sea, on the opposite side of the Divergent Sea Ice Ecoregion from the Beaufort Sea, also has a high level of baseline data. Levels of many pollutants there are higher than elsewhere, research access and capability is good, and it is closest to areas of the western Russian Arctic where we know little about polar bears. High intensity monitoring in the Barents Sea would strongly complement the understanding of the Divergent Sea Ice Ecoregion developed in the Southern Beaufort Sea.

There also are considerable baseline data for the Southern Hudson Bay subpopulation. The ecological circumstances in Southern Hudson Bay are similar to those that prevail in Western Hudson Bay, and the two are not entirely segregated (Crompton et al. 2008). Southern Hudson Bay polar bears, which must spend the ice-free period on the Ontario coast, have shown similar trends to Western
Table 6. Methods and frequencies for monitoring of trend in subpopulation abundance in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. The subpopulation trend is the same as the subpopulation growth rate $(\lambda)$ and is assessed by many of the same methods as subpopulation size. Life-table approaches need to be revisited to determine their contribution to understanding trends in abundance in high and lower intensity areas. Lower intensity methods, such as track counts, visual observations and harvest monitoring, recorded annually and standardized can be compared to high intensity methods to assess their value for assessing trend in areas where only these methods are available.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Repeated measurements of subpopulation size from mark recapture (M–R) or aerial surveys.</td>
<td>H</td>
<td>essential</td>
<td>annually or for 3-year periods at intervals of every 5 years</td>
<td>Individual abundance estimates must have sufficient precision to detect changes over time.</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>essential</td>
<td>a lower level but quantitative effort at 5-year intervals</td>
<td></td>
</tr>
<tr>
<td>Projections based on vital rates (PVA) from M–R data</td>
<td>H</td>
<td>highly useful</td>
<td>whenever possible</td>
<td>Vital rates estimates from M–R are less biased and partly independent of estimates of N. PVA provide a view of growth rate that is different from estimates from observed changes over time. PVA therefore should be constructed whenever essential data are derived. Even in areas where repeated estimates of N are not available, estimates of vital rates may be available (if not from M–R, perhaps through population reconstruction from harvest data). Caution must be exercised when projecting into the future, depending on the level of climatic disruption to sea ice expected.</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>highly useful</td>
<td>based on threat level</td>
<td></td>
</tr>
<tr>
<td>Population reconstructions from sex and age composition, other harvest inferences.</td>
<td>H</td>
<td>essential</td>
<td>annually or as frequently as possible</td>
<td>Necessary to calibrate methods to be used in less intensely studied subpopulations, in circumstances where available information may be extensive and reliable enough to possibly provide an index to trend in numbers.</td>
</tr>
<tr>
<td>Visual observations or track counts from snow machine, ATV, boat or dog-team.</td>
<td>M</td>
<td>essential</td>
<td>at least every 5 years</td>
<td></td>
</tr>
<tr>
<td>Repeated visual observations at known concentration sites, genetic material (e.g., hair) gathered at corrals day beds or dens, and repeated den surveys.</td>
<td>L</td>
<td>essential</td>
<td>annually or at least every 5 years</td>
<td>These methods, some of which may be accomplished with CBM, must take advantage of the calibration accomplished by conducting them simultaneously with higher intensity methods in high and medium intensity areas. Development of a realistic design that can be carried out in the circumstances is critical, as is adherence to it. Must be coordinated with higher intensity methods if and when available. The lower the intensity of effort, the higher the frequency of performance required for meaningful information on trend. Frequencies should support extrapolation from higher intensity monitoring areas to lower intensity areas.</td>
</tr>
</tbody>
</table>

Hudson Bay bears that spend the summer on the Manitoba coast further north, such as declines in body condition in all age and sex classes (Obbard et al. 2006). However, the sea ice in Southern Hudson Bay breaks up significantly later than it does in Western Hudson Bay (Stirling et al. 2004). Because of these differences, negative population trends driven by declining ice availability are expected to
occur earlier in western Hudson Bay than in southern Hudson Bay. Temporal differences in sea ice trends and other possible geographic differences provide the opportunity, in Hudson Bay, to evaluate subpopulation differences in response within the same ecoregion.

Because no sustained long-term work has been conducted in the northern portions of the Archipelago Ecoregion, and because we hypothesize that polar bears in more northerly regions may experience transient benefits from a warming environment, it is critical that intensive monitoring begin soon in the portions of this ecoregion north of Lancaster Sound. We recommend this monitoring occur within the Norwegian Bay subpopulation boundaries and in the adjacent portion of the Convergent Sea Ice Ecoregion (NWCon). Few bears are thought to currently reside there, but this may be the last vestige of polar bear habitat as sea ice continues to decline. Monitoring efforts should expand from the recommended efforts in Lancaster Sound and provide a baseline upon which observations of future changes can build.

The quality of past and present estimates of size and trend in the remaining subpopulations is mixed. As sea ice retreats, access to these regions will be changing just as the trends in population status also will be changing. To maximize the value and comparability of our monitoring, the intensities recommended (Fig. 3) will periodically need to be adjusted to keep pace with ongoing changes in Arctic environments.

**Frequency of monitoring.** The difficulties in deriving reliable estimates of subpopulation size and trend mean that, assuming equal quality of effort, more frequent monitoring always will be more informative than less frequent monitoring, and it is critical to distinguish the frequency of monitoring from the intensity of monitoring. The Western Hudson Bay subpopulation is the most consistently monitored subpopulation of polar bears in the world, and annually modeled physical M–R data (Regehr et al. 2007) illustrates the decline of subpopulation size over time (Fig. 4). With continuous high-intensity monitoring, a statistically significant declining trend is apparent despite interannual variation. The downward trend would have been less obvious and the statistical power to detect it would have been lower if we had only estimates of numbers for selected years within this range (e.g., from 1990–1995 and 2000–2005). Similarly, the ability to detect a trend is reduced when only one source of information, or only indirect measures or indices (e.g., track counts, mother with cub counts) are available. Therefore, high intensity monitoring should be standardized and consistent, and applied as frequently as possible. At minimum, we recommend that high-intensity monitoring be designed to produce new population estimates at intervals of no longer than 5 years.

Obtaining a direct estimate of population size every 5 years may be sufficient for subpopulations classified as high intensity. However, the lower precision and greater potential for bias in lower intensity methods means they must be replicated more frequently, preferably annually (Tables 5 and 6), to obtain reliable indicators of size and trend. The kinds of data collected may vary among subpopulations, but the desired frequency and consistency of efforts will not. Further, it is essential that lower intensity methods be applied diligently to subpopulations that also are subject to high intensity methods. Understanding the similarities and differences between the outcomes of high intensity methods and lower intensity methods will allow calibration of the outcomes of lower intensity methods. That, in turn, will provide greater confidence in the outcomes derived where only the lower intensity methods have been employed. The great differences in accessibility and logistical challenges mean it is unlikely that equal effort will ever be applied uniformly among polar bear subpopulations. Calibration of methods is necessary, therefore, to achieve our goal of implementing globally comparable monitoring.

**Reproduction**

Reproductive rates in polar bears and other bear species vary temporally and spatially but are generally low because they are $K$-selected species that have delayed maturation, small litter sizes, and long mother–offspring association (Bunnell and Tait 1981). Reproductive rates in $K$-selected species, such as bears, are partially related to the proximity of the population to carrying capacity (Pianka 1970). Carrying capacity will vary spatially and temporally, and reproduction is correlated with food supply variation between years or areas. To date, however, there are no studies of polar bears that clearly indicate density-dependent changes in reproduction (Derocher and Taylor 1994), although high density was suggested to be a possible factor affecting body condition in Davis Strait, and body condition is linked to reproduction (Rode et al. 2012).
**Why monitor reproduction?** Reproduction is one of the most studied and best understood demographic parameters in most subpopulations (e.g., Lønø 1970, DeMaster and Stirling 1983, Larsen 1985, Larsen 1986, Watts and Hansen 1987, Taylor et al. 1987b, Ramsay and Stirling 1988, Derocher et al. 1992, Derocher and Stirling 1994, Rode et al. 2010). Because polar bears have low reproductive rates, with females usually giving birth only every three years, accurate measures of these rates require at least three years of monitoring. In all subpopulations where assessment has been undertaken, elements of reproduction are monitored to varying degrees. Some subpopulations have long time series and others have episodic data collection. Monitoring reproduction over shorter periods may reflect short-term or transient dynamics. For example, a three-year population inventory may include three good years of reproductive output, three bad years, or a mix of both (see “Priority studies”). Reproductive rates generated from three years may be useful for the calculation of short-term (<5 year) population growth, but are liable to be inaccurate. Extended monitoring of reproductive parameters is necessary to understand longer-term (>5 year) temporal trends. The low reproductive rate of polar bears means that populations can only sustain low rates of harvest, and monitoring of recruitment is essential to ensure harvest sustainability.

Climate warming has affected some polar bear subpopulations by reducing the carrying capacity of existing habitat to support populations and will continue to do so increasingly in future years. Earlier break-up has been correlated with reduced body condition that is linked to reproductive performance (Stirling et al. 1999, Molnár et al. 2011). This pattern has been well documented in the Western Hudson Bay subpopulation (Stirling et al. 1999, Stirling and Parkinson 2006, Regehr et al. 2007) and similar patterns are emerging in more northern subpopulations (Regehr et al. 2010, Rode et al. 2010, 2012). Changes in reproductive rates and recruitment are expected to be one of the earliest and most identifiable changes in response to climate warming and thus are critical for monitoring.

**How to monitor reproduction.** Reproduction can be determined by systematic observation of individuals or from cross-sectional data collected during M–R population estimation, with the latter being more common for polar bears. There is a wide degree of variation in the effort, ability, and costs required to collect reproductive information, influencing...
their potential as a monitoring tool. Further, these reproductive parameters vary in their utility to understand subpopulation status (i.e., monitoring utility).

**Interbirth interval.** Interbirth interval (the number of years between successive litters) is an important reproductive parameter for monitoring because of its effect on population growth rate. It should be determined in all subpopulations subject to high- and medium-intensity monitoring. Interbirth interval in polar bears varies from 1 to 5 years with a 3-year interval the norm for weaning of offspring at 2.5 years of age (Ramsay and Stirling 1988). Interbirth interval is determined by cub survival and age of weaning. If cubs die before weaning, females often have shorter reproductive intervals. However, shorter interbirth intervals have also been associated with early weaning. Therefore, to be useful for monitoring population status, monitoring of interbirth interval should include an estimate of cub survival rate. A reproductive interval of 1 year is indicative of total litter loss, whereas a 2-year interval was previously associated with weaning of offspring at 1.5 years of age in Western Hudson Bay yet is now uncommon and rarely seen in other subpopulations (Derocher and Stirling 1995, Stirling et al. 1999). Interbirth interval is a complex population parameter and is measured by following the reproductive success of individuals. If individual adult females are followed using telemetry and resighted at least once a year for two years or more, it is possible to assess cub survival and reproductive interval (Amstrup and Durner 1995, Derocher and Stirling 1996, Wiig 1998). A large number of bears (e.g., >20) is needed to provide sufficient insight into this parameter for most populations. Alternatively, interbirth interval can be calculated from M–R sampling, although the estimation of the parameter depends on sufficient recaptures.

**Litter production rate.** Litter production rate is a derived parameter that integrates a population age structure and the number of cubs produced per female per year (Taylor et al. 1987a). Calculated from the number of females of a given age with cub-of-the-year litters divided by the total number of females of the same age, this parameter should be standard in all monitoring programs of high and medium intensity because it is integral to understanding subpopulation dynamics and for demographic projections. The metric requires a large random (or non-selective) sample of the adult females. Age-specific litter production rates should be determined, but pooling of ages is often necessary for smaller sample sizes. A decline in litter production rate can occur for a variety of reasons (e.g., lower pregnancy rate, lower cub survival), and thus information on pregnancy rates and cub survival are needed to understand observed trends. Declining litter production rate is usually a cause for concern as it eventually results in lower recruitment of independent subadults. Monitoring pregnancy rates can be used to gain additional insight into the reproductive dynamics of a subpopulation if individuals are handled after the mating season and a blood sample is collected (Derocher et al. 1992). Changing pregnancy rates could be related to environmental conditions or a host of other factors (e.g., pollution). Assessment of mating success is necessary to interpret pregnancy rates because a depletion of adult males in a population could also lower mating success (see Molnár et al. 2008).

Reproductive success is closely linked to interbirth interval. Adult females that successfully wean their cubs, usually at two and a half years of age, are deemed to have been successful, resulting in the recruitment of individuals to the population. Reproductive success should be monitored along with interbirth interval and cub survival, but most studies of reproductive success take a lifetime perspective that is possible using genetic methods in high intensity subpopulations. Genetic methods will also allow determination of paternity (e.g., Zeyl et al. 2009) that may become important in the management of small or declining populations. Mating ecology, broadly considered as the behavioral aspects of breeding, has limited potential as a monitoring parameter given that it is especially difficult to collect and associated metrics would have low statistical power. Nonetheless, monitoring the ages of adult males paired with breeding females may be helpful for assessing effects of male harvest because a trend toward younger males could indicate excessive removal of mature males (Molnár et al. 2008). However, such changes would likely be difficult to detect due to low statistical power. Interpretation of data collected on reproductive success and mating ecology can yield insight into population status and trend although the information required for monitoring these parameters preclude their use in all but the most intensively studied subpopulations.

**Litter size.** Litter size is a common and easily collected parameter in all subpopulations and should be monitored at a standardized time because post-den emergence cub mortality is common (Derocher 1999).
About 35% of twin polar bear litters lose one cub and 66% of triplet litters lose one or two cubs (Derocher and Stirling 1996), so variation in the date of observation, either between years or between subpopulations, renders comparisons difficult. However, litter size is relatively unimportant in determining population growth rate (or sustainable harvest) relative to adult female survival, although it still ranks high when compared to some other population parameters (Taylor et al. 1987b: Fig. 1) and is necessary for population projections. Changes in litter size have been used to estimate survival (DeMaster and Stirling 1983), although monitoring cub survival through repeated observations of telemetry-equipped females is more accurate (Amstrup and Durner 1995). A modeling analysis of litter size indicated that the observed litter size is insensitive to major changes in cub production (Molnár et al. 2011). Monitoring the size and body mass of cubs in litters may provide greater insight into population status (e.g., Rode et al. 2010) than litter size. Although litter size is easy to monitor, it provides little insight into subpopulation status.

**Age of first reproduction.** Age of first reproduction in polar bears can be defined either as the age at which a female first becomes pregnant or the age at which she produces her first cub. The age at which females produce their first cubs varies both among subpopulations and over time within the same subpopulation in response to changes in environmental factors (Ramsay and Stirling 1988), but ranges from 4 to 7 years. Because there may be a shorter interbirth interval in young females, which due to inexperience may lose their cubs before weaning, the age of first attempted reproduction may be lower than the age of first successful reproduction. A decline in carrying capacity is likely to result in an increase in age of first reproduction possibly because of altered growth rates or stored body fat. In contrast, improving environmental conditions (i.e., food abundance or availability) or lower population density could result in a reduction in the age of first reproduction. However, age of first reproduction has a slow response time in relation to environmental perturbations, and its influence on population growth rates is limited (Taylor et al. 1987b). Measurement of this parameter can come from M–R studies (i.e., noting the youngest age at which females are accompanied by cubs), or by following individual females aged ≥4 years to confirm the first time cubs are present. In harvested subpopulations, an estimate of the age of first reproduction may be obtained from analyses of reproductive tracts (Rosing-Asvid et al. 2002). In general, age of first reproduction is not monitored for males. Due to the low contribution to subpopulation growth rate and slow rate of change, we consider age of first reproduction a low priority for monitoring.

**Reproductive senescence.** Reproductive senescence can be described as an age-related decline in reproductive output that results in progressive reduction of litter size, cub mass, cub survival, or an increase in the interbirth interval (Derocher and Stirling 1994, Schwartz et al. 2003). There is debate about whether adult female polar bears decline in reproductive output beyond 20 years of age (Ramsay and Stirling 1988, Derocher and Stirling 1994). Because there are few females of this age in any population, their contribution to the subpopulation is small and monitoring is likely only warranted in association with other aspects of reproduction. Nevertheless, monitoring reproduction in the oldest age classes is useful to estimate generation time according to the IUCN Red List criteria (IUCN 2010) and thus is important for conservation assessments.

**Den counts.** Den counts have been used as a rough index of a subpopulation's reproductive success, although they must be used in conjunction with other data. An increase or decrease in den abundance could be a consequence of several different factors. For example, denning areas can shift because of a redistribution of pregnant females (Fischbach et al. 2007, Andersen et al. 2012), changes in population abundance or demographics, changes in food availability, or changes in access to denning areas as a result of climate warming (e.g., Derocher et al. 2011). Similarly, high cub mortality in one year could result in more females denning in a subsequent year. For these reasons, we do not recommend counting dens as a population monitoring metric unless conducted in concert with additional parameters that allow for the biological reasons for possible changes to be reliably interpreted.

**Additional considerations.** Infanticide has been observed in several subpopulations (Taylor et al. 1985, Lunn and Stenhouse 1985, Derocher and Wiig 1999, Stone and Derocher 2007), although its potential significance in population dynamics is unknown. Given the opportunistic nature of observing infanticide, it has low potential for monitoring subpopulation status although recording of such events may provide auxiliary or corroborating information on a subpopulation when evaluated over time.

Table 7. Methods and frequencies for monitoring of polar bear reproduction in high (H), medium (M), and low (L)-intensity monitored subpopulations of polar bears. “Cubs” refer to spring cubs-of-the-year.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Litter produced rate</td>
<td>H,M</td>
<td>essential</td>
<td>annually if possible</td>
<td>Litter produced rate = cubs per adult female per year (Stirling et al. 1980), or Litter production rate = No. of cubs per adult female available to mate (Taylor et al. 1987a). This metric is critical for population modeling.</td>
</tr>
<tr>
<td>Interbirth interval</td>
<td>H,M</td>
<td>essential</td>
<td>for a statistically significant sample size of adult females</td>
<td>Valuable for detection of short and long term environmental changes.</td>
</tr>
<tr>
<td>Reproductive success</td>
<td>H</td>
<td>helpful</td>
<td>as frequently as possible</td>
<td>Number of cubs weaned gives potential for recruitment.</td>
</tr>
<tr>
<td>Litter size</td>
<td>H,M,L</td>
<td>helpful</td>
<td>as frequently as possible</td>
<td>Cubs per litter is relatively insensitive but consistently low values are a warning sign.</td>
</tr>
<tr>
<td>Age of first reproduction</td>
<td>H,M</td>
<td>helpful</td>
<td>based on threat level</td>
<td>For females: limited value for assessment of changes in the short term.</td>
</tr>
<tr>
<td>Den abundance</td>
<td>H,M,L</td>
<td>useful</td>
<td>based on threat level</td>
<td>Number of dens in a defined area.</td>
</tr>
<tr>
<td>Reproductive senescence</td>
<td>H</td>
<td>helpful</td>
<td>whenever possible</td>
<td>Metric of long-term health of population.</td>
</tr>
<tr>
<td>Infanticide</td>
<td>H,M</td>
<td>helpful</td>
<td>as frequently as possible</td>
<td>Low monitoring value because of opportunistic nature of observations.</td>
</tr>
<tr>
<td>Pregnancy rates</td>
<td>H</td>
<td>highly useful</td>
<td>as frequently as possible</td>
<td>% of lone adult females also an indicator of reproductive failure or cub mortality.</td>
</tr>
<tr>
<td>Mating ecology</td>
<td>H</td>
<td>helpful</td>
<td>as frequently as possible</td>
<td>Ratio of adult males to breeding females can be indicative of effects of harvest.</td>
</tr>
</tbody>
</table>

**Recommendations for monitoring reproduction.** The most informative studies on trends in polar bear reproduction will come from the most intensively studied subpopulations with long time series (>10 years). Short-term studies, using the standard population inventory approach used in Canada (about 3 years), are capable of giving short-term insight on the reproductive status for less intensively monitored subpopulations. For monitoring polar bear reproduction, the most important parameters to measure are litter production rate, interbirth interval, recruitment success, litter size, and age of first reproduction (Table 7). These vital rates parameters are essential to use in conjunction with estimates of population size and are necessary to assess population status in subpopulations with high-intensity monitoring. Because reproductive parameters in concert with survival rates determine population growth rate, adequate population monitoring for intensively studied subpopulations will optimally rely on a combination of methods for estimating reproduction, survival, and subpopulation size.

For less intensively monitored subpopulations, some aspects of reproduction can be usefully monitored (e.g., litter size, den abundance) but interpretations made using such data will be less robust. Overall, monitoring that relies on aerial surveys will provide less information on reproduction than M–R methods, because it cannot provide age–structure data or the tracking of individuals.

**Survival**

Age- and sex-specific survival rates are important life history traits for population monitoring and ones that can be directly affected by harvest, human–bear interactions, environmental variation, environmental degradation resulting from industrial pollution such as oil spills, and climate warming. Survival rates of ursids are generally high (Bunnell and Tait 1981) but vary substantially across different life stages (Amstrup and Durner 1995). Age- and sex-specific survival rates are some of the more expensive parameters to estimate and they require intensive research to quantify with sufficient accuracy and precision to facilitate detection of significant change over time.

**Why monitor survival?** Sex-specific adult survival rates are important for determining and estimating population trend with projection models. Thus, monitoring of this parameter is a priority in all subpopulations whenever possible. However, survival rates cannot be accurately determined unless individual animals can be followed over time.

**How to monitor survival.** There are two primary means by which survival rates of polar bear can be
monitored: radio-telemetry and M–R methods. Most studies using M–R also incorporate harvest recovery of marked animals (e.g., Taylor et al. 2005, 2009; Peacock et al. 2012). Both methods have been applied to monitoring survival and have provided estimates (Amstrup and Durner 1995; Derocher and Stirling 1996; Taylor et al. 2005; Regehr et al. 2007, 2010). Change in litter size has also been used to estimate survival of dependent offspring (DeMaster and Stirling 1983), although this method is less robust and has seen limited use.

Age classes used for monitoring survival fall into the following: cubs (den emergence to one year of age), yearling (1–2 years of age), subadult (2–4 years of age), and adult (often on an age-specific basis where sufficient data exist or, if not, pooled by age class). Most detailed studies of individual subpopulations provide quantitative assessments of age and sex-specific survival that can be compared between subpopulations. The primary causes of mortality in polar bears are linked to harvest, sea ice conditions, starvation, infanticide, and natural age-related declines (e.g., Blix and Lentfer 1979, Taylor et al. 1985, Amstrup and Durner 1995, Derocher and Stirling 1996). It is important to evaluate the causes of mortality because the ability to detect changes will be influenced by an understanding of their origins. For example, harvest mortality may vary little between years in areas with a constant annual quota, whereas mortality linked to sea ice conditions or prey availability could show substantial interannual variation.

Linking survival to sea ice conditions (e.g., Regehr et al. 2007, Hunter et al. 2010, Peacock et al. 2012) provides a powerful example of what can be learned through application of a quantitative approach to population monitoring. However, it should also be stressed that such analytical power is only possible from the detailed data collected from sustained physical M–R studies. In subpopulations where a sufficiently large sample of animals can be monitored by telemetry over time, survival estimates can be ascertained (e.g., known-fates analysis). Given the expense of collecting survival data, it is recommended that this parameter only be considered for the more intensively monitored subpopulations.

**Recommendations for monitoring survival.** Historically, the highest priority in monitoring survival rates has been placed on adult females. With habitat declining in many areas, however, declining offspring survival will provide the earliest indications of declining population welfare. Therefore, monitoring cub and yearling survival is increasingly critical (e.g., Mitchell et al. 2009). In subpopulations with high-intensity monitoring, survival of both adult females and their offspring should be emphasized (Table 8). Where funding allows, monitoring of juvenile survival (<4 years of age) should be implemented as this will also provide critical insight into variability in recruitment rates. Intensive monitoring methods will benefit from M–R analyses that incorporate animal handling that provide additional insights on parameters such as age, sex, body condition, pregnancy rates, and other metrics. Greater insights are possible when such methods are combined with telemetry studies. Provided sample sizes are large enough, such a database allows for estimation of survival rates on either an age-specific or an age class basis. Genetic M–R studies cannot provide estimates of survival of age classes because the age of individuals sampled cannot be determined. Survival estimates derived from a short duration study of a long-lived animal may be biased high because factors that would potentially impact survival at various stages over the life of an individual have little time to act. Because interannual variation in juvenile survival is large, effective analyses of trends can only be undertaken in longer-term studies (i.e., >5 years; Harris et al. 2011). In some cases, subpopulation trend (which incorporates both survival and reproduction) can be monitored instead of evaluating survival and reproduction separately. This can be useful in populations where M–R estimates of survival are unavailable. In such cases, indices of survival can be inferred from analyses of the age structure of harvested or captured polar bears to determine trends (e.g., Amstrup et al. 1986, Derocher 2005). However, care must be taken with this latter approach to ensure that all model assumptions are upheld. Even small biases can have compounding effects when estimating population growth rate. Importantly, small biases in the calculation of adult survival can have significant implications for such things as estimation of sustainable harvest. In cases where M–R data are unavailable, multiple lines of evidence, which may be weaker individually (e.g., body condition, abundance over time, change in age at harvest), can be used for assessing trend, without actual estimates of survival.

**Population projections.** Population modeling of polar bears, incorporating reproductive rates, demographic inputs, and hunting removals, has been used...
to estimate population growth rates in several subpopulations (e.g., Taylor et al. 1987b, 2005, 2006). Given the spatial and temporal variability in Arctic ecosystems, we now know that reproductive rates collected over short periods may be influenced by transient or short-term effects. Therefore, although reproductive rates can be used to derive the current rate of population growth, projections into the future (e.g., 5 years) should be used cautiously. If reproductive parameters and their possible changes can be correlated with environmental variables, the potential for longer projection increases. Such a modeling approach is a reasonable means of estimating population trend when two conditions are met: (1) the reproductive and survival rates being used are unbiased, and (2) the conditions under which these rates were collected are similar to those that are likely to prevail through the period of the population projection. Because sea ice conditions are now changing rapidly in many subpopulations, projection models incorporating reproductive and survival rates beyond a few years should be used with considerable caution because of the risk that they may provide spurious results (Molnár et al. 2010). Incorporation of changing ice conditions, however, may provide valuable insights into population trend if the relationship between ice conditions and reproduction can reasonably be estimated (Hunter et al. 2010). Modeling of polar bear reproduction in demographic models has limited monitoring potential, although it can be used for short-term population management and to detect short-term population trend.

**Habitat and ecosystem change**

Broad categories of polar bear habitat include (1) sea ice hunting habitat, (2) land used during the summer ice minimum or open water period in seasonal ice regions, and (3) maternal denning habitat. Polar bears only occur in the northern hemisphere where sea ice is a dominant feature in the environment. Over much of their range, polar bears are able to remain with sea ice throughout the year, hence their distribution fluctuates in accordance with the annual patterns of sea ice formation and melt. Sea ice is a ubiquitous feature in the Arctic and its composition and temporal and spatial extent determines the distribution and trend of subpopulations.

**Table 8. Methods and frequencies for monitoring of polar bear survival in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears.** The subpopulation trend is the same as the subpopulation growth rate (λ), and is assessed by many of the same methods as subpopulation size. Age structure analyses (e.g., life table approaches) need to be revisited for their ability to assess trends and to facilitate comparisons between high and lower intensity study areas.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>M–R survival estimation</td>
<td>H,M</td>
<td>essential</td>
<td>based on threat level</td>
<td>The most reliable method available.</td>
</tr>
<tr>
<td>Survival of radiocollared bears</td>
<td>H,M</td>
<td>highly useful</td>
<td>based on threat level</td>
<td>A large sample needs to be monitored to obtain statistical validity. Only appropriate for adult females.</td>
</tr>
<tr>
<td>Litter or cub loss and cohort survival</td>
<td>H,M</td>
<td>essential</td>
<td>based on threat level</td>
<td>Requires annual sighting of tagged or radiocollared adult females.</td>
</tr>
<tr>
<td>Number of cubs, yearlings, and 2-year olds per adult female</td>
<td>H,M</td>
<td>essential</td>
<td>based on threat level</td>
<td>From capture data, and from CBM to be compared with capture data.</td>
</tr>
<tr>
<td>Age structure from teeth</td>
<td>H,M,L</td>
<td>highly useful</td>
<td>based on threat level</td>
<td>From harvested or captured individuals.</td>
</tr>
<tr>
<td>Examination of cohort strengths</td>
<td>H,M,L</td>
<td>highly useful</td>
<td>based on threat level</td>
<td>From harvested (or killed) animals for life-table type analyses.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>as frequently as possible</td>
<td>No harvest in any subpopulation monitored with low intensity at present.</td>
</tr>
<tr>
<td>Age categories of bears visually observed</td>
<td>L</td>
<td>helpful</td>
<td>whenever possible to obtain sufficiently large number of observations</td>
<td>From capture or harvest data.</td>
</tr>
</tbody>
</table>

**Ursus Monograph Series 5:1–66 (2012)**
Polar bears do not use all sea ice equally. Rather, they respond to variations in concentration, ice age (thickness), floe size, and the proximity of sea ice edges and land-fast ice (Arthur et al. 1996; Ferguson et al. 2000a; Mauritsen et al. 2003; Durner et al. 2004, 2009; Freitas et al. 2012). Because ringed seal distribution during late autumn to spring is dependent on snow accumulation for subnivian resting or birth lairs (Kelly et al. 2010) and polar bears use habitats that maximize their ability to capture seals (Stirling and Øritsland 1995), snow deposition is an important determinant of the habitats that polar bears choose. In addition to sea ice composition and snow distribution, the distribution of sea ice relative to ocean depth is important in many regions of polar bear range because bears show their greatest selection for ice that lies over the continental shelves (Durner et al. 2009).

Polar bears may use land at any time of year, but they do so most often where the sea ice melts completely, or almost completely. In those subpopulations, most polar bears will spend the entire summer and early autumn ice-free periods on land. The areas selected by polar bears appear to be primarily those that are adjacent to where the last sea ice melts in early summer (Stirling et al. 1999, 2004; Gleason and Rode 2009). Although sea ice is the most important habitat because it allows polar bears to hunt ice-dependent seals, time spent on land may also be important to conserve energy during periods of food deprivation (Clark et al. 1997, Ferguson et al. 2000b).

In most of their range, polar bears use land for maternal denning, but in the Beaufort Sea many females historically used sea ice as a substrate for denning. There is some evidence that polar bears near Svalbard may den on sea ice (Larsen 1985, Andersen et al. 2012) but this has not been quantified. Importantly, use of sea ice for denning in the Beaufort Sea has declined as a result of decreases in sea ice stability due to climate warming (Amstrup and Gardner 1994, Fischbach et al. 2007). A prerequisite for maternal denning is landscape features (including sea ice) that accumulate snow of a sufficient depth to allow bears to dig dens that remain secure throughout the winter. In some subpopulations, such as Western and Southern Hudson Bay, polar bears den on land and dig dens in frozen peat banks (Kolenosky and Prevett 1983, Clark et al. 1997, Richardson et al. 2005). Not all dens are used for parturition; non-pregnant polar bears may den to conserve energy during inclement winter weather (Ferguson et al. 2000b), or to escape summer heat (Clark et al. 1997, Ferguson et al. 2000b).

**Why monitor polar bear habitat and ecosystem change?** Arctic sea ice is essential for the persistence of polar bear subpopulations. The distribution and timing of ice relative to critical phases of polar bear life history has been linked to subpopulation status and trend (Stirling et al. 1999, Hunter et al. 2010, Regehr et al. 2010). Polar bears in western Hudson Bay abandon sea ice shortly after the average concentration of ice drops below 50% (Stirling et al. 1999). An increasing duration of ice-free days in western Hudson Bay between the 1980s and the first decade of this century was the most likely cause of a decline of the subpopulation (Regehr et al. 2007). In the Southern Beaufort Sea subpopulation, ice-free days (i.e., average sea ice concentration below 50%; Regehr et al. 2010) over the continental shelf were the most important driver of subpopulation growth. Absence of or reduced suitability of sea ice over the continental shelf has led to increased nutritional stress and poorer body condition and survival among some age- and sex-categories of polar bears (Rode et al. 2010). We assume, based on these studies, that sea ice habitat is a useful proxy of subpopulation status and distribution (see Sahanatien and Derocher 2012) when other monitoring data, such as capture-recapture or distance sampling, are unavailable.

Availability of sea ice habitat is linearly related to global temperature (Amstrup et al. 2010). Hence, as temperatures rise, there will be a reduction in the range-wide extent of polar bear habitat (Amstrup et al. 2010). Although the relationship between sea ice and temperature is linear, the shape of the relationship between sea ice availability and polar bear status is uncertain and probably non-linear (Molnár et al. 2010). In fact, transition from a marine environment composed predominantly of multiyear sea ice to one with a greater proportion of annual sea ice may increase optimal habitat in some regions (Durner et al. 2009) and help to maintain some subpopulations (Stirling et al. 2011). Thinner ice is more likely to deform and build ridges necessary for snow accumulation (Sturm et al. 2006) sufficient for ringed seal lairs (Kelly et al. 2010). Regardless of the uncertainties in the rate at which polar bear abundance may decline, a decrease in range-wide habitat will result in fewer polar bears. This knowledge, along with the understandings of polar bear–sea ice relationships
developed in intensively studied subpopulations, provides the ability to extrapolate across regions with similar patterns of ice change.

A changing environment will affect more than the sea ice on which a polar bear must stand. Warming oceans will likely cause the occurrence of non-indigenous species in Arctic seas (Stachowicz et al. 2002). Changes in the marine food web may occur with changes in the physical aspects of sea ice and the underlying water column (Grebmeier et al. 2006). This will likely be expressed as species endemic to sub-Arctic expand their range into northern regions. Most marine introductions of non-indigenous species occur as an indirect consequence of climate warming. Shipping and release of ballast waters has been identified as the most important pathway for fish and invertebrate introductions (Molnar et al. 2008), hence increased opportunities for shipping through the Northwest Passage and northern Russia may also increase the opportunity for the introduction of exotics. Few harmful alien species have been reported within the range of the polar bear (Molnar et al. 2008). However, in much of the Arctic, including the Canadian Archipelago, northern Greenland, and northern Asia, there are no data to assess the potential impacts of non-native species on polar bear habitat (Molnar et al. 2008). Nevertheless, recent evidence shows an expansion of subarctic fishes into Arctic waters, and suggests possible negative consequences to polar cod (Boreogadus saida; Renaud et al. 2012), a fish that provides an important conduit for energy between primary producers and apex predators (Benoit et al. 2008). In rare cases, an increase in uncommon prey species may benefit polar bears. This may be occurring in Baffin Bay and Davis Strait, where decreasing sea ice concentration has led to an increase in hooded seals (Cystophora cristata) and harp seals (Pagophilus groenlandicus; Stirling and Parkinson 2006), both of which are prey of polar bears. Local increase of these two species likely has had a positive effect on the subpopulations of Baffin Bay and Davis Strait (Stirling and Parkinson 2006), but as sea ice concentration continues to decline, habitat may decrease for these alternate prey species.

Knowledge of the distribution of maternal den habitat has significant potential to assist resource managers in their efforts to protect polar bears in dens. Distribution of sea ice habitat and patterns of ice breakup have a significant effect on the distribution of maternal dens (Fischbach et al. 2007). Sufficient snow cover is also important to protect nursing mothers and their newborn cubs for the 4–5 months during winter (Durner et al. 2003). Insufficient or unstable snow due to warm winter weather can result in den collapse and death of its occupants (Clarkson and Irish 1991).

How to monitor polar bear habitat and ecosystem change. The large spatial extent of polar bear subpopulations and the rigors of the Arctic environment preclude our ability to make continuous direct observations of polar bears and changes in their environment. However, remotely collected environmental data lend themselves well to monitoring polar bear habitat and ecosystem change on both a hemispheric and regional level (Table 9). Additionally, habitat models developed from telemetry data collected from polar bears in subpopulations monitored at high and medium intensity may be used to assess habitat change within subpopulations, and may be extrapolated to similar subpopulations with low monitoring intensity. Below, we present several sources of environmental data that have been useful for monitoring habitat and environmental change and discuss their strengths and weaknesses. We provide a brief description of resource selection functions (RSF) as a means to identify habitat important for polar bears, and as tools for predicting the distribution of such habitat. We discuss changes in food webs and ways that these could be monitored, then move on to identifying and monitoring maternal den habitat, and conclude with the importance of relating demographic trends to habitat and environmental change.

Passive microwave imagery of hemispheric sea ice concentration and extent. Physical features on the Arctic Ocean surface (sea ice extent and concentration) may provide useful metrics for monitoring polar bear habitat when other data and modeling tools are unavailable. Satellite-borne passive microwave (PMW) imagery provides a simple measure of sea ice concentration and distribution and has been effective for identifying and describing coarse-grained habitat features use by polar bears in much of their range (Arthur et al. 1996, Mauritzen et al. 2003, Durner et al. 2006, 2009). PMW daily estimates of sea ice extent and concentration have been available to users at no charge since 1979 and have become the standard observational data for monitoring sea ice (Stroeve et al. 2007 and citations therein). These data are provided as coarse-grained (i.e., SMMR and SSM/I; 25 x 25 km pixel; National Snow and Ice Data Center, Boulder, CO, USA; ftp://sidads.colorado.edu/pub/; Comiso 1999) or

finer-grained (i.e., AMSR-E, 2002–2011; 6.25 × 6.25 km pixel; University of Bremen; http://www.iup.uni-bremen.de:8084/amsr/; Spreen et al. 2008) grids of the entire Arctic. PMW estimates of sea ice are unaffected by daylight or cloud cover, hence they are a robust and consistent source of sea ice data. Limitations of PMW data arise from their inability to detect fine-grained habitat features to which polar bears respond (for examples of fine-grained habitat features, see Stirling et al. 1993) and also because pixel estimates <15% ice concentration are considered unreliable and therefore are classified as open water by most researchers (Stroeve et al. 2007 and citations therein). Additionally, the coarse spatial

Table 9. Methods and frequencies for monitoring of habitat and ecosystem change in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. Caution should be used when extrapolating movement data and RSFs from a subpopulation monitored with high intensity to all other subpopulations in the ecoregion.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use satellite imagery to measure seasonal ice cover over the continental shelf, length of time ice is away from shelf waters, and the distance of retreat from the shelf.</td>
<td>H,M,L</td>
<td>essential</td>
<td>annually or as frequently as possible</td>
<td>Because satellite imagery of sea ice is available throughout the Arctic, this method can be used in all regions regardless of sampling intensity of the polar bear subpopulation. This is probably the most valuable, comparable, and attainable index of habitat change.</td>
</tr>
<tr>
<td>Resource selection functions (RSFs)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>H</td>
<td>essential</td>
<td>annually or as frequently as possible</td>
<td>RSFs should be conducted in all subpopulations where sufficient (multiyear to multi-decadal) data on annual movements of polar bears are collected, from satellite telemetry, observations (such as aerial surveys) and satellite-based environmental data.</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>highly useful</td>
<td></td>
<td>As for high-intensity, except that RSFs could be extrapolated from RSFs previously created or from RSFs developed in other regions.</td>
</tr>
<tr>
<td></td>
<td>L</td>
<td>helpful</td>
<td></td>
<td>Delineate optimal habitat through RSFs developed in other regions. There will be greater uncertainty in habitat estimates done with this method.</td>
</tr>
<tr>
<td>Monitor links between changes in sea ice habitat and a variety of physical factors (temperature, circulation etc.). Link to information of other scientific metrics (e.g., primary productivity).</td>
<td>H,M</td>
<td>highly useful</td>
<td>annually or as frequently as possible</td>
<td>Quantification of links between polar bear habitat and physical and biological oceanography will necessarily be multidisciplinary and require modeling.</td>
</tr>
<tr>
<td>Survey denning distribution and changes in coastal habitats. Determine the amount of denning habitat impacted by industrial or other human activities through scientific and CBM observations.</td>
<td>H</td>
<td>highly useful</td>
<td>annually or as frequently as possible</td>
<td>Maternal den habitat distribution and likely duration of den tenure can be determined with radio-telemetry in intensively monitored subpopulations. An understanding of the distribution of snow-catching topography, as a proxy for den distributions, will be necessary, due to determination of potential den habitat distribution and tenure being more difficult to assess in less intensely monitored subpopulations.</td>
</tr>
<tr>
<td>Determine denning distribution and changes in coastal habitats through CBM.</td>
<td>L</td>
<td>helpful</td>
<td></td>
<td>Monitoring of den habitat may be possible only through CBM or through mapping of likely snow-catching features.</td>
</tr>
<tr>
<td>Document invasive or unusual species occurrence through scientific and CBM observations.</td>
<td>H,M,L</td>
<td>helpful</td>
<td>annually or as frequently as possible</td>
<td>Anecdotal observations may provide one of the first clues that polar bear food webs, and therefore habitats, are changing.</td>
</tr>
<tr>
<td>Use satellite imagery to measure snow accumulation and persistence.</td>
<td>H,M,L</td>
<td>helpful</td>
<td>annually or as frequently as possible</td>
<td>Snow is essential for polar bear maternal dens and ringed seal lairs. Current satellite imagery of snow is coarse-grained so may be limited is usefulness.</td>
</tr>
</tbody>
</table>
resolution of PMW data and its propensity for generating spurious data along shorelines limit its use in regions with high interspersion of water and land, such as the Canadian Archipelago Ecoregion. Despite these limitations, PMW data are a powerful tool for monitoring polar bear habitat and environmental change in ecoregions composed mostly of ocean and large seas. PMW imagery (i.e., SMMR and SSM/I) is consistently available throughout the range of polar bears and throughout the history of polar bear radiotelemetry data (from 1985 onward). Also, PMW data are most similar to the data resolution and composition of General Circulation Model (GCM) projections of future sea ice, making it suitable to predict changes in polar bear habitat (Durner et al. 2009). For much of the Arctic, habitat models derived from PMW data are a useful first step for monitoring the polar bear sea ice environment.

**Interpreted charts of regional sea ice concentration, extent and composition.** Polar bears respond to fine-grained habitat features (Stirling et al. 1993, Stirling 1997) that cannot be detected by PMW sensors. However, indices of finer-grained habitat features are available from the National Ice Center (NIC; Suitland, Maryland, USA; http://www.natice.noaa.gov/) and the Canadian Ice Service (CIS; Ottawa, Ontario, Canada; http://www.ec.gc.ca/glaces-ice/). Both agencies provide geographic information system (GIS) format files of weekly to bi-weekly regional estimates of sea ice concentration, ice stage (age or thickness), ice form (floe diameter), and the distribution of land-fast ice. Ambiguities of ice estimates at the ocean–land interface, which are common with PMW data, are not an issue with sea ice charts. Both the NIC and CIS syntheses include satellite imagery with ranges of spatial and temporal resolutions from coarse-grained PMW daily estimates of hemispheric sea ice concentration and extent, to fine-grained (50 x 50 m pixel) SAR-derived estimates of sea ice age and surface roughness (Geldsetzer and Yackel 2009). Available GIS files includes all northern hemisphere waters since 1997 (NIC) or waters within or adjacent to Canada since 1968 (CIS). Both the NIC and the CIS produce sea ice charts from satellite imagery that they interpret through customized algorithms and manual inspection (Soh et al. 2004, Clausi et al. 2010). In doing so, the NIC and the CIS free the users from performing their own classification of sea ice from satellite imagery. The GIS data available from both agencies has been effective for polar bear sea ice habitat studies in the Canadian eastern Arctic (Ferguson et al. 2000a) and the Beaufort Sea (Durner et al. 2004).

**Bathymetry.** Ocean depth data are available for most of the range of polar bears (International Bathymetric Chart of the Arctic Ocean, Jakobsson et al. 2000). Ocean depth is a significant covariate in polar bear habitat because bears select for sea ice located above continental shelves more than sea ice located above Arctic Ocean basins (Durner et al. 2004, 2006, 2009). A preference for shelf sea ice is likely a reflection of the high biological productivity of shallow Arctic waters (Sakshaug 2003) and greater availability of seals (Stirling 1997). Therefore, a monitoring plan should include an assessment of sea ice relative to ocean depth, especially in the annual duration, extent and composition of sea ice over continental shelves.

**Snow extent and depth.** Snow is an important feature during much of the year for polar bears. Sufficient snow accumulation is necessary for successful polar bear maternal denning (Durner et al. 2003) and for ringed seal reproduction (Kelly et al. 2010). Snow cover may be an important determinant of how polar bears of different age and sex categories distribute themselves on sea ice (Stirling et al. 1993). Snow accumulation on sea ice has seasonal and regional patterns (Warren et al. 1999, Sturm et al. 2002) and is dependent on roughness of the underlying substrate (Sturm et al. 2002). The extent and depth of snow play an important role in sea ice thermodynamics. In particular, snow has a high albedo (Barry 1996) and is a good insulator (Sturm et al. 1997). Multi-decadal records of snow depth on Arctic sea ice show decreasing depth with time, most likely as a result of lower precipitation during later years (Warren et al. 1999). In contrast, 21st century projections suggest increasing terrestrial snow depth (Deser et al. 2010) in several regions used by polar bears for maternal denning. Because of the dependency on snow by polar bears and their prey, and because of observed and projected changes in Arctic snow deposition, it is reasonable to assume that snow coverage extent and depth may be a useful covariate for monitoring habitat and environmental change.

Several data sources are available for mapping snow cover extent, including MODIS/Aqua snow cover estimates (NSIDC; http://nsidc.org/data/docs/daac/modis_v5/myd10c2_modis_aqua_snow_8-day_global_0.05deg_cmg.gd.html; Hall et al. 2007) and SSM/I-SSMIS EASE-Grids estimates of snow cover.

Although it is logical to assume that snow data may be useful to assess maternal den habitat suitability and the distribution of ringed seals and polar bear sea ice habitat, the value of satellite-derived snow distribution data for monitoring polar bear habitat is untested. As of this time, remotely-sensed snow extent and depth data have not been used as covariates for polar bear habitat selection. Additionally, available snow data suffer from several limitations, including that all are coarse-grained (finest resolution is MODIS at 0.05 degrees), cloud and daylight dependent (MODIS), provide only an index of presence or absence of snow on land (SSM/I and MODIS), or omit large regions of potential polar bear habitat (AMSR-E). This limitation is especially evident in considering polar bear maternal den habitat because the features selected are small relative to the resolution of available imagery of snow cover (Durner et al. 2003, Richardson et al. 2005). Evaluations of remotely-sensed snow data for predicting polar bear habitat use are needed before depending on these data for monitoring polar bear ecosystem and habitat change.

**An analytical approach to monitoring polar bear habitat and environmental change.** Standardized methods of developing habitat models (RSFs) for polar bears have been used for several subpopulations (Ferguson et al. 2000a, Mauritzen et al. 2003, Durner et al. 2004, 2006) and for a large part of polar bear range (Durner et al. 2009). RSFs are also useful for predicting the distribution of terrestrial den habitats (Richardson et al. 2005). RSFs have been developed from satellite radiotelemetry data of adult female bears and readily available sea ice data in GIS format (see previous sections on remotely-collected sea ice data). Several different forms of RSF are available, but discrete choice models (McDonald et al. 2006) provide a good solution when habitat availability varies between subsequent choices by an animal and between animals, as is typical for polar bears (Arthur et al. 1996).

Regardless of the choice for model building, the resulting RSF gives a value that is proportional to the probability of selection (Manly 2002). The RSF lends itself well to GIS applications and can be used to predict the distribution of a population of animals on a landscape (Boyce and McDonald 1999). As polar bears occur in four primary ecoregions (Amstrup et al. 2008), ecoregion-specific RSFs should be explored. Although a specific RSF has allowed predictions and projections of optimal habitat distribution in the Divergent and Convergent Sea Ice Ecoregions (Durner et al. 2009), other RSFs may be necessary for estimating habitat distribution within the Archipelago and in the Seasonal Sea Ice Ecoregions. Ice modeling developed specifically for these regions would be necessary.

An RSF may be visualized as a map with each environmental covariate a contributing sub-map. In the form of an exponential equation, where the exponent is the sum of the product of covariates and their parameter estimates, the RSF provides a practical way to estimate the distribution of sea ice habitats most likely to be used by polar bears (Durner et al. 2009), and allow the user to estimate the near-real-time distribution of polar bears either within regions or across their range (see Distribution).

RSFs may be feasible only in subpopulations that have medium to high scientific access potential. RSFs already have been built for several medium to high scientific access subpopulations, and these may be used for habitat monitoring (Durner et al. 2009). Habitat monitoring may be conducted for subpopulations with low access potential by reasonable extrapolation of RSFs from well-studied subpopulations. Ongoing research in the Seasonal Sea Ice Ecoregion, archived telemetry data in the Archipelago Ecoregion, and existing RSFs in other regions all have potential to allow habitat monitoring over most of the range of polar bears.

**Monitoring food webs for habitat change.** Food webs may be another means to monitor habitat and environmental change in subpopulations. Northward expansion of fish into Arctic waters may change food webs (e.g., Renaud et al. 2012). Studies suggest that changes in the composition and abundance of seal species preyed upon by polar bears may temporally benefit some subpopulations (Stirling and Parkinson 2006). Stable isotope (Bentzen et al. 2007) and fatty acid analyses (Iverson et al. 2006) of polar bear and prey tissues can provide information on the polar bear prey base within subpopulations, and this can help to identify shifts in
food webs. This will be most feasible in subpopulations that receive high or medium-intensity monitoring. Development of a standard protocol for CBM, through the collection of hunter-harvested samples, would augment scientific endeavors or provide the sole means of collecting tissue samples. Aside from direct chemical estimates of diet and food webs, assessment of non-indigenous species in polar bear habitats will require systematic recording of irregular and occasional observations by researchers and subsistence-dependent residents of coastal communities.

Monitoring polar bear maternal denning for habitat change. Knowledge of the distribution of maternal den habitat is built upon direct on-ground sighting by residents and scientists, ground and air-surveys of likely habitat, and VHF and satellite radiotelemetry (Durner et al. 2010). Both anecdotal reports and systematically collected data have been useful to identify the habitat features important for maternal denning (Durner et al. 2003 and citations within). Denning habitat distribution on land has been determined successfully through manual interpretation of airborne-derived high-resolution landscape photographs (Durner et al. 2001, 2006). Habitat models (RSFs) are also a powerful tool for predicting the occurrence of terrestrial den habitat (Howlin et al. 2002, Richardson et al. 2005). Trends in sea ice den habitat may be estimated by monitoring sea ice conditions because changes in the composition of sea ice have been linked to changes in den distribution. Documenting whether and how polar bear denning responds to such habitat changes requires radiotelemetry or other intensive monitoring and research approaches (Fischbach et al. 2007, Derocher et al. 2011).

Linking habitat change to polar bear subpopulation status and trend. Habitat availability and change have been linked to polar bear demography and condition in the western Hudson Bay (Stirling et al. 1999, Regehr et al. 2007) and the southern Beaufort Sea (Regehr et al. 2010, Rode et al. 2010) subpopulations. However, in other subpopulations where habitat has declined, concomitant changes in population size or survival have not been documented (Obbard et al. 2007, Stirling et al. 2011), likely because of interacting factors including increase in prey (Stirling and Parkinson 2006), lower rates of change in ice habitat (Obbard et al. 2007), or declining harvest rates. Further, lack of significant links between ice habitat and demography may result from low statistical power. Nonetheless, quantitative links between habitat and demographic parameters are complex and must be refined. Without better understanding of links between habitat features and polar bear demography or productivity, quantifying the relationship between ice decline and polar bear status will be difficult. Continued research in those subpopulations that undergo intensive monitoring, or periodic research in subpopulations with a medium level of monitoring, will provide the best data to draw relationships between the environment and demographics.

Human-caused mortality

Human-caused mortality of polar bears includes legal harvest, legal kills associated with the defense of life and property, illegal harvest, accidents (e.g., consuming dangerous items), and mortality associated with research. Legal harvest is often set at annual limits determined by governments, co-management boards, communities, and treaties. In some regions, harvest may be legal but the levels are unregulated. Illegal harvest is defined as those kills occurring outside the terms or limits set by authorities or in regions where polar bear harvest is not permitted. Polar bears are legally harvested in Canada, Greenland, and the United States under provisions set by the respective national legislation (Table 3a includes an overview of which subpopulations are legally harvested). In most regions, legal harvest activities are closely monitored (Table 10). For many subpopulations, harvest levels are based on scientific assessments of status, whereas some subpopulations are harvested based on information obtained primarily from TEK and level of local interests in harvesting polar bears for nutritional, cultural, and economic purposes. In some regions, unmonitored harvest or lack of information on subpopulation status prevents a quantitative assessment of the sustainability of the harvest. Consequently, harvest levels may be unsustainable in some subpopulations. The effects of harvest on polar bear subpopulations are well documented (e.g., Taylor et al. 1987b, 2009), including the ramifications of sex-selective harvest (Derocher et al. 1997, Molnár et al. 2008, Taylor et al. 2008b). Similar harvest-risk assessment studies should continue because the effects of harvest will interact with those of climate warming.

With exceptions provided for defense kills, hunting of polar bears was prohibited by national legislation in Russia in 1956 and in Norway in
1973. In 2000, Russia signed an agreement with the United States that recognized the right of native Chukotkans to harvest polar bears for subsistence from the Chukchi Sea subpopulation (http://pbsg.npolar.no/en/agreements/US-Russia.html). A shared, regulated harvest level has been determined by the bilateral international commission and will be implemented by the United States in 2013. Russia is currently determining whether the legal harvest will be reinstated in Chukotka.

The Agreement in 2000 restricted the harvest of polar bears to local people. Accordingly, most polar bears are harvested by Indigenous people for nutritional and cultural subsistence. There also are commercial interests associated with the harvest of polar bears. When ratifying the Agreement on 14 December 1974, the Government of Canada (Canadian Letter of Interpretation filed at ratification) interpreted Article III, paragraph 1, sub-paragraphs (d) and (e) as permitting a “token sports hunt based on scientifically sound settlement quotas as an exercise of the traditional rights of the local people.” In practice, Inuit communities have allocated portions of their total harvest allotment to non-native sport hunters on the basis of local preferences, as the “token” level has not been defined by Canada (Lunn et al. 2010). The financial return from these hunts in Canada provides income for some local people. The sale of parts of polar bears harvested legally within Canada and Greenland, or converted into handicrafts within the United States, is also permitted. Currently, legal international trade only involves polar bear parts exported from some subpopulations in Canada. There is a voluntary, temporary ban of export of polar bear parts from Greenland.

**Why human-caused mortality should be monitored.** Polar bear harvest management is vastly improved compared with the 1960s and 1970s, and several subpopulations have experienced demographic recovery due to harvest regulations (Amstrup et al. 1986, Derocher 2005). Annual, legal, human-caused mortality of polar bears is currently between 700 and 800, or 3–4% of the estimated size of the total population of about 20,000–25,000 animals (Obbard et al. 2010:31). This figure includes defense kills. Poaching, or illegal hunting of polar bears, is of concern in some locations, but not generally across the circumpolar region. For example, Kochnev (2004) reported that illegal hunting in eastern Russia could account for up to 300 bears/yr in the 1990s. Current estimates may be fewer (A. Amirkhanov, Deputy Director, Department of State Policy and Regulations in the Field of Environment Protection and Ecological Safety, Ministry of Natural Resources and Environment of the Russian Federation; E. Shevchenko, Representative of the indigenous people of the Territory of Chukotka Autonomous District; S. Kavry, Department of Agricultural Policy and Natural Resource Use of Chukotka Autonomous Region: personal communication, 7–10 June 2010), but poaching still is a serious concern in that region.

Monitoring harvest is important for quantifying and mitigating effects of human-caused mortality on polar bears. Harvest level is a concern in some subpopulations, and inconsistent, poorly documented or undocumented information weakens monitoring efforts in other subpopulations. In some areas, harvest monitoring is inconsistent, which makes it challenging to determine harvest effects. Even in cases where harvest is not expected to be the proximate reason for population decline, monitoring harvest is necessary to arrive at this conclusion. In addition, subpopulation inventory programs may not be frequent enough to respond to population declines. As threats such as climate warming, pollution, tourism, and human development continue to grow, we recommend reviewing the way polar bear harvest is managed.

The quality of information and sampling from the harvest of polar bears varies by subpopulation. In some regions (notably Nunavut and the Northwest Territories of Canada), harvest is well monitored and includes sampling and measurements of harvested bears. In other regions, collection of data from ongoing harvests must be implemented or improved.

**How human-caused mortality should be monitored.** Data and samples collected annually from harvested polar bears are necessary to understand the harvest level (number, sex) and to serve as mark–recovery information (e.g., tags or tattoo number) for population demographic studies (Table 11). Collection of a fat sample, which is not now being uniformly collected, could provide genetic identity of the harvested animal as well as information on its condition and feeding patterns-information relevant to monitoring and ecological studies. Age derived from a tooth would provide useful information for a variety of ecological studies, especially in assessment of population dynamics and status. A hunter-assessed body condition index
(Stirling et al. 2008b) could be a useful and inexpensive TEK metric as an assessment of annual polar bear condition. Harvest data should be obtained annually from all harvested subpopulations at all monitoring levels. Where only medium- or low-intensity scientific monitoring is recommended, harvest data and samples are especially important because they may constitute the primary or sole information. Standardized collection and recording of harvest data and tissue samples may be developed to provide indices of the general subpopulation status (e.g., health, stature, trend), in addition to information to specifically describe the harvest. Analysis of samples or harvest data should be improved to better understand the ecology and the status of subpopulations throughout the circumpolar Arctic (see “Priority studies”). CBM will be critical for collection of harvest information.

Table 10. The quality of baseline data and sampling of the legal harvest of polar bears and the relative level of threat due to harvest for the 19 circumpolar subpopulations of polar bears.

<table>
<thead>
<tr>
<th>Subpopulation</th>
<th>Quality of baseline harvest data and sampling</th>
<th>Relative threat due to harvest</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arctic Basin</td>
<td>Not applicable</td>
<td>Low</td>
</tr>
<tr>
<td>Baffin Bay</td>
<td>Can be improved; sampling strategy to be improved in Greenland&lt;sup&gt;a,b&lt;/sup&gt;</td>
<td>Subpopulation is considered to be declining due to level of harvest&lt;sup&gt;c&lt;/sup&gt;</td>
</tr>
<tr>
<td>Barents Sea</td>
<td>Not applicable</td>
<td>None</td>
</tr>
<tr>
<td>Chukchi Sea</td>
<td>Moderate data quality in the US, sampling can be improved. No data or sampling for illegal harvest in Russia.</td>
<td>A new legal quota has been proposed in the short term if it can be implemented, although considerable uncertainties exist due to data deficiencies.</td>
</tr>
<tr>
<td>Davis Strait</td>
<td>Can be improved&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Low&lt;sup&gt;e&lt;/sup&gt;</td>
</tr>
<tr>
<td>East Greenland</td>
<td>Can be improved; sampling strategy to be developed&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Sustainability of harvest is unknown as subpopulation is considered data deficient&lt;sup&gt;f&lt;/sup&gt;</td>
</tr>
<tr>
<td>Foxtie Basin</td>
<td>Have improved recently&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Sustainability of harvest is unknown as subpopulation has been considered data deficient for population growth&lt;sup&gt;i&lt;/sup&gt;.</td>
</tr>
<tr>
<td>Gulf of Boothia</td>
<td>High</td>
<td>Low&lt;sup&gt;j&lt;/sup&gt;</td>
</tr>
<tr>
<td>Kane Basin</td>
<td>Can be improved; sampling strategy to be developed in Greenland&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Subpopulation is considered to be declining due to sex-ratio and level of harvest&lt;sup&gt;f&lt;/sup&gt;</td>
</tr>
<tr>
<td>Kara Sea</td>
<td>Not applicable</td>
<td>Poaching level unknown</td>
</tr>
<tr>
<td>Lancaster Sound</td>
<td>High</td>
<td>Subpopulation is considered to be declining due to sex-ratio and level of harvest&lt;sup&gt;f&lt;/sup&gt;</td>
</tr>
<tr>
<td>Laptev Sea</td>
<td>Not applicable</td>
<td>Low&lt;sup&gt;j&lt;/sup&gt;</td>
</tr>
<tr>
<td>M’Clintock Channel</td>
<td>High</td>
<td>Low&lt;sup&gt;j&lt;/sup&gt;</td>
</tr>
<tr>
<td>Northern Beaufort Sea</td>
<td>High</td>
<td>Subpopulation is considered to be declining due to level of harvest and stochasticity associated with small size&lt;sup&gt;f&lt;/sup&gt;.</td>
</tr>
<tr>
<td>Norwegian Bay</td>
<td>High</td>
<td>Harvest mortality is in addition to the negative natural population growth rate&lt;sup&gt;j&lt;/sup&gt;.</td>
</tr>
<tr>
<td>Southern Beaufort Sea</td>
<td>Data quality moderate, sampling can be improved in the US.</td>
<td>High. Recent harvests in Quebec (2009–12) have resulted in total harvest from this subpopulation exceeding sustainable levels&lt;sup&gt;j&lt;/sup&gt;.</td>
</tr>
<tr>
<td>Southern Hudson Bay</td>
<td>Can be improved&lt;sup&gt;d&lt;/sup&gt;</td>
<td>Sustainability of harvest is unknown as subpopulation is considered data deficient&lt;sup&gt;f&lt;/sup&gt;</td>
</tr>
<tr>
<td>Viscount Melville</td>
<td>High</td>
<td>Harvest mortality is in addition to the negative natural population growth rate&lt;sup&gt;j,l&lt;/sup&gt;.</td>
</tr>
<tr>
<td>Western Hudson Bay</td>
<td>High</td>
<td></td>
</tr>
</tbody>
</table>

<sup>a</sup>High quality of harvest data and sampling in Canada

<sup>b</sup>Catch reporting has been improved in Greenland since 2006 quota were introduced,

<sup>c</sup>Aars et al. 2006, Obbard et al. 2010

<sup>d</sup>High quality of harvest data and sampling in Nunavut, Canada, but can be improved in Quebec (Davis Strait, Foxtie Basin, Southern Hudson Bay), Ontario (Southern Hudson Bay) and Newfoundland and Labrador (Davis Strait)

<sup>e</sup>Peacock et al. in press

<sup>f</sup>Obbard et al. 2010

<sup>g</sup>Stapleton et al. 2011

<sup>h</sup>Taylor et al. 2009

<sup>i</sup>Stirling et al. 2011

<sup>j</sup>Hunter et al. 2010

<sup>k</sup>M. Obbard, unpublished data

<sup>l</sup>Regehr et al. 2007
Human–bear conflicts

Human–bear conflict has been variously defined (Schirokauer and Boyd 1998, Wilder et al. 2007, Hopkins et al. 2010), though there is no widely accepted definition. Most recently Hopkins et al. (2010) defined a human–bear conflict as occurring when a bear has (1) exhibited stress-related or curious behavior, causing a person to take extreme evasive action, (2) made physical contact with a person (e.g., to assert dominance, while acting defensively or taking human food) or exhibited clear predatory behavior, or (3) was intentionally harmed or killed (not including legal harvests) by a person (e.g., poached, wounded or killed in defense of life or property).

Why human–bear conflict should be monitored. Human–bear conflicts compromise human safety and can result in property damage. Although the majority of these situations do not result in human injury or fatality, most result in the bear’s death. Many environmental unknowns prevent conflict records from providing direct evidence of trends in population abundance (e.g., Howe et al. 2010), but if systematically recorded they may provide indices to changes in habitat that are linked to overall population status. Regardless of its possible links to population status, monitoring of human–polar bear conflict is necessary to inform our understanding of how to mitigate the negative effects.
of such conflicts on both people and polar bears (Fleck and Herrero 1988, Stenhouse et al. 1988, Dyck 2006).

The potential for human–bear conflict increases as polar bears spend extended periods of time on land during open water seasons. A meeting of the Parties to the Agreement (the Range States) in Tromsø, Norway in March 2009, recognized that human–polar bear interactions will increase in the future due to expanding human populations, industrial development, tourism, and a continued increase in the proportion of nutritionally stressed bears on land due to retreating sea ice. The Range States agreed on the need to develop comprehensive strategies to manage such conflicts, and that the expertise developed for the management of other bear species should be consulted in the development of strategies specific to polar bears. The Range States also agreed that it is important for countries to share expertise regarding effective management of human–polar bear interaction, and welcomed ongoing efforts to monitor subpopulation status and trends. They further agreed on the need to strengthen monitoring of conflicts and to coordinate and harmonize national monitoring efforts. The Range States tasked the US and Norway with leading an effort, in collaboration with polar bear experts and managers from the other parties, to implement a system to effectively catalogue human–polar bear interactions.

**How human–bear conflict should be monitored.** To address this emerging issue, the Polar Bear–Human Information Management System (PBHIMS; http://www.pbhims.net) was developed to standardize collecting conflict data across the circumpolar regions. This system enables analysis of human–polar bear interaction data and provides a scientific framework for preventing negative human–polar bear interactions. Data stored in the system include human–polar bear conflicts, polar bear observations, human–polar bear conflict mortalities, and polar bear natural history data. Scanned images of original report forms, narratives, and photos can be attached to each incident to provide additional detail. Data are also entered into Google Earth and can be exported to ArcGIS for subsequent spatial analysis.

To provide continuous monitoring of human–polar bear conflict data across the necessary range of scales (i.e., local community to range-wide), we recommend that the Range States adopt a uniform system (i.e., PBHIMS) and conduct a meta-analysis to provide insight into trends and occurrence of human–polar bear interactions (Table 12). Such an analysis would allow identification of conditions that foster negative human–polar bear interactions, subsequent mitigation of which should result in increased human safety and reduced polar bear mortality.

In addition to adopting such a monitoring system, the Range States should continue to (1) work with residents through governments and local organizations to develop community polar bear conservation plans that address safety issues, (2) seek to establish effective means of deterring polar bears (e.g., polar bear patrols) and (3) manage attractants as community-level tools to identify and prevent potential conflict situations.

**Distribution**

The distribution of polar bears may be viewed at three spatial levels: (1) global, (2) ecoregion-specific, and (3) subpopulation. A circumpolar monitoring plan must consider these different spatial levels because physical, biological, and management factors, as well as the availability of scientific and TEK data, vary at the ecoregion and subpopulation scales.

The sea ice environment undergoes large seasonal fluctuations in extent, from an average of 14 million km$^2$ during winter to 7 million km$^2$ during summer (1979–2000; Perovich and Richter-Menge 2009). This results in large seasonal changes in the distribution of the world’s population of polar bears. Within ecoregions that retain sea ice during the summer ice minima, polar bears can remain with sea ice throughout the year (Durner et al. 2009). Subpopulations in the Seasonal Sea Ice Ecoregion face complete loss of sea ice habitat and polar bears there must spend extended periods on land in summer and autumn (Stirling et al. 1999). Polar bear distribution is influenced by both the annual variability of sea ice and the distribution of seals (Ferguson et al. 1999). Large changes in subpopulation distribution occur as a result of the increased temporal and spatial extent of open water during summer and autumn (Stirling and Parkinson 2006, Schliebe et al. 2008).

**Why polar bear distribution should be monitored.** An understanding of polar bear distribution is necessary for addressing management issues (e.g., Amstrup et al. 2005b, US Fish and Wildlife Service 2010). Effective surveys of subpopulation size depend on an understanding of subpopulation distribution (Aars et al. 2009). Projections of 21st century sea ice habitat suggest that the future distribution of polar
bears will be greatly reduced (Durner et al. 2009). Also, changes in distribution can signal important habitat modifications that may precede population level changes in size or vital rates. An early indication of habitat loss or alteration, especially for large mobile animals, can be distribution changes and extralimital observations. Consistent monitoring of the occupied range can be an important indicator that changes are occurring. Changes driven by reduced habitat availability or altered habitat character will lead to altered population status. Consistent records of changing distribution can inform management of anticipated changes in the impacts of direct human removals (Peacock et al. 2011), interactions with industrial developments, and other aspects of human commerce in the Arctic (e.g., mineral extraction; Gautier et al. 2009). Knowledge of these influences on habitat is necessary to mitigate the impacts of habitat loss induced by climate warming (Amstrup et al. 2010). It is also important to understand polar bear distribution within subpopulations for the design of population studies (e.g., aerial survey and M–R).

**How distribution should be monitored.** Analyses of Argos-derived satellite radiotelemetry location data (Bethke et al. 1996, Mauritzien et al. 2002, Amstrup et al. 2004) have yielded robust and quantitative estimates of subpopulation distributions. Using satellite telemetry reduces potential bias in estimating polar bear distribution (Taylor and Lee 1995) because the data usually include long-term (i.e., $\geq 1$ year) and frequent (i.e., $\leq 7$ day interval) individual movement records. Subpopulation distributions estimated from satellite telemetry locations are also relatively unbiased because polar bear location data are largely independent of when and where researchers conduct fieldwork. Estimating subpopulation distribution and change in distribution could be accomplished by continuous satellite telemetry in high-intensity monitored subpopulations, or by periodic satellite telemetry in medium-intensity monitored subpopulations. Radiotelemetry data can be used to quantify and identify changes in subpopulation boundaries, which in turn are directly relevant to understanding trends in abundance, harvest, and overall welfare (Amstrup et al. 2004).

Satellite radiotelemetry is a resource-intensive technique that may not be available for all subpopulations. Other methods, however, may provide a qualitative assessment of distribution. Distribution of polar bears can be qualitatively assessed through spatially-explicit M–R (physical or genetic) and the returns of tagged animals in the harvest (Taylor and Lee 1995). Distributions estimated in this way have greater spatial bias than estimations based on satellite telemetry because M–R and harvest data are collected only where the scientists or hunters encountered the bear (Taylor and Lee 1995). This bias increases the uncertainty of distribution estimations and reduces the ability to monitor distribution change of the entire subpopulation, although distributions estimated in this manner have been useful in a management context (Taylor and Lee 1995). Counts of polar bears from systematic aerial transects may provide indications of distribution change in portions of

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**Table 12. Methods and frequencies for monitoring of human–bear conflict in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears (PBHIMS = Polar Bear Human Information Management System).** Human–bear conflicts can theoretically be monitored throughout the range of polar bears through normal reporting from communities and required reporting and monitoring at industrial sites, tourist activities, and vessel traffic.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Documentation of conflicts (such as PBHIMS)</td>
<td>H,M,L</td>
<td>essential</td>
<td>continuous recording and monitoring</td>
<td>H: compilation, analysis and interpretation of data no less than yearly.</td>
</tr>
<tr>
<td>Organize and analyze historic polar bear–human conflict data from archives and then maintain up-to-date records</td>
<td>H,M,L</td>
<td>essential</td>
<td></td>
<td>M: yearly compilation, analysis, and interpretation of current data. Begin compilation of archival data for analysis in 2–3 years.</td>
</tr>
<tr>
<td>Investigate historic and current patterns of polar bear–human conflicts to address specific bear management and conservation issues.</td>
<td>H,M,L</td>
<td>highly useful</td>
<td></td>
<td>L: compilation, analysis, and interpretation of current and archival data as frequently as possible.</td>
</tr>
<tr>
<td>Monitor at village, industrial site, vessel, and tourism levels</td>
<td>H,M,L</td>
<td>highly useful</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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*Ursus Monograph Series 5:1–66 (2012)*
subpopulation (Schliebe et al. 2008), and therefore alert resource managers of possible environmental changes. Similar to M–R studies, aerial surveys are typically constrained to short periods when weather conditions are suitable for aircraft and sometimes to portions of the potential subpopulation range (Evans et al. 2003, Aars et al. 2009).

Identification of optimal sea ice habitat may be a useful proxy of distribution when other monitoring data, such as radiotelemetry or aerial surveys, are not possible. Sea ice habitat is a driver of polar bear distribution (Durner et al. 2009). RSFs, discussed earlier, are a standardized tool for examining remotely collected environmental data, for example satellite imagery of sea ice, to identify habitats most likely to be used by wildlife and to predict their distribution (Boyce and McDonald 1999).

A summary of recommended monitoring methods is given in Table 13.

Prey distribution and abundance

Polar bears primarily depend on the most ice-adapted seals, ringed seals and, to a lesser degree, bearded seals (Erignathus barbatus) for their survival in most parts of their range. Stirling and Øritsland (1995) demonstrated a significant relationship between estimates of the total numbers of bears and ringed seals over large geographic areas in Canada. Stirling (2002) summarized how changes in ringed seal reproduction in the Beaufort Sea resulted in marked responses in reproduction and cub survival in polar bears. In some subpopulations, other prey species such as harp seals (Cystophora cristata), walruses (Odobenus rosmarus), harbor seals (Phoca vitulina), and sometimes belugas (Delphinapterus leucas) and narwhals (Monodon monoceros) can be important and their importance may change over time (Thiemann et al. 2008b).

Why prey distribution and abundance should be monitored. As the climate continues to warm, there will be significant changes in the temporal patterns of sea ice break-up and freeze-up. The seasonal ice distribution will change, and the duration of ice-free periods, when most marine mammals are inaccessible to polar bears, will increase. Monitoring changes in abundance and availability of prey, and possible changes in their importance to polar bears, will be critical to understanding, and possibly predicting, changes in the survival, reproductive success, and population size of individual subpopulations. Population size of ringed seals, and the proportion of ringed seals in polar bear diets in different subpopulations, will be among the most important ecological factors to monitor. In some areas, existing data can be used to compare the present, or future, to the past (e.g., Kingsley et al. 1985, Chambellant et al. 2012), but in most areas a quantitative baseline has yet to be established.

An additional, though difficult and unpredictable topic to monitor with respect to seal species is the occurrence of epizootics that might seriously affect the prey of polar bears and polar bears themselves (US Geological Survey 2012). For example, at the time of this writing, an outbreak of skin lesions in ringed seals from Russia, Alaska, and western Canada is occurring. How serious this outbreak may be is as yet unknown but it is of concern and is currently being monitored through a coordinated international effort (National Oceanic and Atmospheric Administration 2011).

How prey distribution and abundance should be monitored. Monitoring should focus on estimation of the distribution and abundance of prey, their reproductive productivity, and their importance to polar bears. The huge size of polar bear home ranges plus financial and logistic limitations prevent application of the more intensive methods in many subpopulations. Here, however, we describe a variety of approaches, with differing degrees of potential resolution, which will afford the maximum opportunity to understand trends in prey availability.

Repeating quantitative aerial surveys on the distribution and abundance of seals undertaken in the past. A number of quantitative surveys, particularly for ringed seals, have been conducted (e.g., Stirling et al. 1982, Kingsley et al. 1985, Lunn et al. 1997, Bengtson et al. 2005, Krafft et al. 2006). Replicating some of these surveys may provide broad, but coarse scale, comparisons of ringed seal distribution and abundance over large geographic areas. Use of helicopter belly-mounted cameras and computer-assisted analysis may also allow systematic collection of information on the distribution and abundance of prey during polar bear capture and survey operations. Such surveys are expensive and are only justified in relation to high-intensity monitoring subpopulations, especially where reasonable baseline surveys have been conducted, and where subpopulations are known to be having difficulties (e.g., Western Hudson Bay, Southern Beaufort Sea), or
where large-scale ecological change has occurred (e.g., the replacement of multi-year ice by annual ice in Viscount Melville Sound). If new or improved methodological designs are to be useful, they must be implemented in a way that facilitates direct comparisons with previous surveys. As sea ice changes progress, it will be necessary to designate areas where new and improved regional scale surveys are appropriate.

Indices of ringed seal reproduction and numbers in intensive study areas of localized interest. Smith and Stirling (1978) demonstrated the feasibility of using trained dogs to quantitatively assess variation in ringed seal reproduction among years. The method, although possible to do and repeatable, is labor intensive and therefore limited to small geographic areas. It may provide indices to trends occurring in larger areas of which localized areas are representative. Ferguson et al. (2005) noted a correlation between reduced ringed seal productivity and snow depth. Though a relationship likely exists, and may be measurable in a localized focus area, it also is probably impractical at a larger scale. Similarly, Digby (1984) demonstrated the use of aerial photography to quantify the distribution and abundance of ringed seal breathing holes in the fast ice, just after the snow melts but before the ice breaks-up. Recording the species killed by polar bears and collecting samples from kills encountered during the course of intensive polar bear studies also can provide a quantifiable index to changes (or the lack of them) in diet. Although rigorous protocols will be required for quantification, diet changes recorded during other research endeavors can likely reflect changes in prey availability and may be an early indicator of changes in prey distribution and abundance.

Community-based monitoring of ringed seal reproduction and condition. In settlements where ringed seals are harvested for local use, harvest sampling can provide direct and dynamic information on condition and reproduction (Smith 1987; Harwood et al. 2000, 2012). Such seal data have been related to changes in polar bear reproductive success (e.g., Stirling 2002, 2005). Recording changes in composition of the human harvest of polar bear prey, in areas where local people hunt marine mammals, and systematically collecting tissues from harvested animals may provide estimates of changes in abundance, distribution, and availability of polar bear prey that can be compared and contrasted with samples collected during research projects.

Indirect monitoring of diet. In recent years, stable isotopes have been used to study polar bear diets (Bentzen et al. 2007, Hobson et al. 2007, Cherry et al. 2011). This method provides information related to the trophic level of the prey and their relative importance (Table 14). A more effective approach to date is the application of quantitative fatty acid signature analysis (QFASA) (Iverson et al. 2004). By analyzing samples of fat from a polar bear (obtained

Table 13. Methods and frequencies for monitoring of polar bear distribution in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use satellite radio telemetry data to delineate subpopulation distribution</td>
<td>H,M</td>
<td>essential</td>
<td>based on threat level</td>
<td>Requires multiyear to multi-decadal satellite telemetry data of subpopulations.</td>
</tr>
<tr>
<td>Distribution estimated from RSFs</td>
<td>H,M</td>
<td>highly useful</td>
<td>based on threat level</td>
<td>RSFs derived from satellite telemetry data. The RSF distribution is a useful estimate of subpopulation distribution.</td>
</tr>
<tr>
<td>Tag recovery, visual survey, genetic survey, CBM, aerial/ground/ CBM den observations Systematic observations from ship traffic (tourism, industry, research) in the Arctic</td>
<td>H,M</td>
<td>helpful</td>
<td>annually or as frequently as possible</td>
<td>All are limited by spatial and temporal extent of field efforts. High frequency in subpopulations monitored with low intensity to maximize ability for calibration and validation.</td>
</tr>
<tr>
<td>Use satellite radio telemetry data to delineate subpopulation distribution</td>
<td>L</td>
<td>helpful</td>
<td>annually or as frequently as possible</td>
<td></td>
</tr>
</tbody>
</table>

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during capture or harvest), the proportion of various prey species being consumed can be identified (Iverson et al. 2006; Thiemann et al. 2007a, 2008b, 2011). This technique can monitor changes in prey accessibility with time if conducted at appropriate temporal intervals (Thiemann et al. 2009). This method requires building a region-specific reference set of fat specimens from all available prey species (Thiemann et al. 2007a,b). Diets can also be inferred from morphological and molecular analyses of fecal samples (Iversen 2011). This information can be used to analyze spatial and temporal change in diet composition. We recommend exploring the potential of combining stable isotopes, fatty acids, fecal samples, and field observations.

Sampling of ringed seals harvested during the open water period and collection of fat samples from bears killed by Inuit hunters represents a cost-effective method of obtaining specimens. Areas designated for high and medium-intensity monitoring are those where polar bears use a wide variety of species and where changes in habitat are either already well underway or projected to occur in the foreseeable future (e.g., Davis Strait, Foxe Basin, Baffin Bay, Western Hudson Bay, Southern Hudson Bay, or Svalbard). There, fat samples would be collected for 2–3 years at a time, with collection bouts separated by ≤5 years. Fat sampling for QFASA analyses in low frequency areas probably can occur at about 10-year intervals unless changing conditions result in elevated concerns about subpopulation status.

**Health**

**Why monitor polar bear health?** For many years, the health of animal populations has been assessed with the tools of population dynamics: estimation of trends in abundance, mortality, and reproductive rates. However, for species such as bears with long generation times, this approach can be expensive and may be too slow to provide an early warning about the impact of environmental stressors such as pollution, human activities, and climatic warming (Primack 1998). Further, although evident in some individuals, signs of compromised health (e.g., disease, loss of condition, failed reproduction) may be difficult to recognize and quantify at the population level. Therefore, efforts to link environmental stress with population health remain somewhat speculative. Compromised health in individuals is typically preceded by a stress response, which is a normal adaptive response in which an animal uses energy to cope with some threat to its well-being. However, when a threat is extreme or prolonged, the stress response can have a deleterious effect on animal health and result in a physiological state described as “distress” (Moberg 1999). In distress, an animal uses energy at the expense of other biological functions including reproduction, tissue growth and maintenance, and immune response. Distress alters biological function (e.g., failed reproduction, stunted growth, decreased immunity) and, if unchecked, eventually results in death. If polar bears are energetically stressed from loss of hunting opportunities due to changes in ice, the manifestation of this will first be seen at the individual level as declines in body condition. Population level effects such as reduced reproductive success or declines in survival rates may follow. Therefore, monitoring health and body condition of individuals (Table 15) can provide early warning of changes negatively affecting subpopulations. Changes in the environment (i.e., declines in ice distribution or duration) have been linked to changes in body condition, reproduction, and survival (Regehr et al. 2007, Rode et al. 2010), emphasizing the need to monitor animal health.

**How to monitor polar bear health**

**Body condition.** One way to examine animal health is to evaluate body condition or body composition. Body condition indices can be estimated using various methods if animals are physically handled. These include subjective fatness ratings, length to weight ratios, and body composition measured by isotopic water dilution or bioelectrical impedance analysis (BIA; Farley and Robbins 1994; Hilderbrand et al. 1998, 1999; Stirling et al. 1999, 2008b; Cattet et al. 2002; Robbins et al. 2004; Cattet and Obbard 2005; Molnár et al. 2009).

Isotopic water dilution and BIA offer the best opportunity to quantify body composition for comparison between studies, and they provide the best insights to nutritional ecology (Hilderbrand et al. 1998, Robbins et al. 2004). However, isotopic water dilution requires that animals be immobilized for 1.5 to 2.5 hrs (Hilderbrand et al. 2000) and is therefore not recommended as a routine field technique for monitoring body condition of polar bears. BIA has been used to investigate the nutritional ecology of black bears and brown bears (Farley and Robbins 1994, Hilderbrand et al. 1998, Hilderbrand et al. 2000, Robbins et al. 2004). BIA
Table 14. Methods and frequencies for monitoring of polar bear prey distribution and abundance in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. There is a need to conduct area-specific calibration of fatty acid and stable isotope techniques.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fat sample from harvested bears or those sampled by</td>
<td>H,M</td>
<td>essential</td>
<td>annual or multiyear</td>
<td>Collection of specimens from the maximum number of samples is critical. Fat samples can be analyzed using stable isotopes and fatty acid analysis to quantify diet content and change over time.</td>
</tr>
<tr>
<td>biopsy dart or captured for mark–recapture studies</td>
<td></td>
<td></td>
<td>intervals, based on threat level</td>
<td></td>
</tr>
<tr>
<td>Samples from prey found killed by polar bears</td>
<td>H,M,L</td>
<td>essential</td>
<td>opportunistic</td>
<td>Specimens collected from all seals found killed by bears during field work facilitate real time quantification of hunting success, habitat use, tabulation of age, sex, and condition of species killed, degree of utilization and scavenging.</td>
</tr>
<tr>
<td>(skin, fat, tooth; length, girth, fat thickness where</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>possible)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tooth from harvested seals</td>
<td>H,M,L</td>
<td>highly</td>
<td>opportunistic at low levels</td>
<td>Age-structure of the harvest is important for assessment of health and productivity of prey population.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>useful</td>
<td>but minimum 100/yr where large</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>numbers are harvested</td>
<td></td>
</tr>
<tr>
<td>Satellite and aerial photos and reports from hunters</td>
<td>H,M</td>
<td>highly</td>
<td>opportunistic</td>
<td>Quantify changes in fast ice break-up etc. in relation to availability or abundance of prey, movements or travel of polar bears, and effects on ability of hunters to travel and have success in hunts; mainly only useful when applied to focused studies in defined areas.</td>
</tr>
<tr>
<td>on ice</td>
<td></td>
<td>useful</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aerial surveys</td>
<td>H,M</td>
<td>highly</td>
<td>opportunistic, largely</td>
<td>Repetition of past aerial surveys will provide important information on change, or lack of it, in distribution, abundance, and habitat use over time. Important to establish new baselines in areas defined as important to facilitate future comparisons.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>useful</td>
<td>dependent on availability of</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>funding</td>
<td></td>
</tr>
<tr>
<td>CBM-hunter questionnaires</td>
<td>H,M</td>
<td>helpful</td>
<td>opportunistic</td>
<td>Identify impressions from persons familiar with the area that will aid in identification of possible changes and subsequent design of quantitative studies to address specific questions.</td>
</tr>
<tr>
<td>Fecal samples</td>
<td>H,M,L</td>
<td>helpful</td>
<td>opportunistic</td>
<td>Allows identification of prey from hair samples; will aid confirmation of prey taken at specific location and relative time.</td>
</tr>
</tbody>
</table>

measurements take less than 15 min, but training and experience are required to obtain accurate, repeatable estimates and to standardize measurement conditions (Hilderbrand et al. 1998). BIA requires an accurate measurement of the bear’s body mass and cannot be used reliably on injured, dehydrated, or dead bears (Robbins et al. 2004). In addition, bears must be still and relaxed during BIA measurements, they must be protected from wet or cold substrates to ensure no loss of electrical conductivity to the substrate, and gut fill can overestimate body mass leading to an underestimate of fat content. BIA measurements have been taken during polar bear fieldwork, but some of the problems identified above did affect the accuracy of body fat measurements. Though it may be possible to control for these issues, BIA measurements are not recommended as a standard monitoring tool due to the need to control for the variety of factors that can affect these measures (S. Amstrup, G. Durner, and K. Rode, unpublished data). Whether researchers are able to include BIA measurements in field protocols will depend to a large extent on time available, whether the measurement issues can be resolved, and other study priorities that must be completed during the time an animal is handled.

Body condition indices and trends in measurements of skull width, body length, or body mass have been used to assess the status of several subpopulations (Derocher and Stirling 1998a,b; Stirling et al. 1999; Obbard et al. 2006; Rode et al. 2010, 2012). For some indices, animals must be handled and measured (length and girth [Stirling et al. 1999], or length and body mass [Cattet et al. 2002, Cattet and Obbard 2005]); for others a
subjective rating is more accurate if animals are handled (Stirling et al. 2008b) but can be used to assess condition of observed bears. Several equations to estimate body mass from axillary girth have been developed (e.g., Kolenosky et al. 1989); however, such morphometric–body mass relationships are likely subpopulation-specific (Durner and Amstrup 1996) and can change over time (Cattet and Obbard 2005). Therefore, we recommend developing predictive body mass equations for each subpopulation and that are periodically validated. Comparisons of body condition temporally or among age and sex classes within a subpopulation or spatially among several subpopulations can be made using various body condition indices (e.g., Cattet et al. 2002) or by estimating energy stores (Molnár et al. 2009).

Because condition index values may relate directly to the lipid content of adipose tissue, there is a need to further explore this relationship. In addition, there is a need to coordinate fat collection for condition assessment (e.g., linking with other monitoring programs for contaminants).

Approaches that do not entail handling bears may be desired for work in some subpopulations. Using a subjective fatness index (Stirling et al. 2008b), information on body condition can be obtained from animals darted remotely with biopsy darts, from animals observed during aerial surveys, or from harvested animals.

### Table 15. Methods and frequencies for monitoring of polar bear health in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. There is currently no harvest or capture effort in any of the subpopulations suggested to be monitored with low intensity.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Captured bears</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mass and straight-line body length – Body Condition Index (BCI)</td>
<td>H,M</td>
<td>essential</td>
<td>annually</td>
<td>BCI can be used to compare changes in body condition within subpopulations over time or among subpopulations.</td>
</tr>
<tr>
<td>Axillary girth and zygomatic width</td>
<td>essential</td>
<td>annually</td>
<td></td>
<td>Can be used to predict mass provided subpopulation-specific predictive equations are developed and checked periodically to determine whether morphometric relationships have changed.</td>
</tr>
<tr>
<td>Condition scale 1–5 (1 vs 2 scale for aerial observations)</td>
<td>essential</td>
<td>annually</td>
<td></td>
<td>Useful method to monitor body condition when morphometric measurements are not available.</td>
</tr>
<tr>
<td>Stress levels (hair cortisol concentration)</td>
<td>highly useful</td>
<td>when possible</td>
<td></td>
<td>More research needed, but technique shows promise.</td>
</tr>
<tr>
<td>Pathogens and contaminants in blood, feces</td>
<td>highly useful</td>
<td>every 5 years</td>
<td></td>
<td>Periodic monitoring to detect changes in prevalence or new emerging pathogens and to monitor trends on contaminant burdens.</td>
</tr>
<tr>
<td>Fat content from biopsy</td>
<td>highly useful</td>
<td>when possible</td>
<td></td>
<td>More research needed, but may have potential to monitor body condition.</td>
</tr>
<tr>
<td>Bioelectric Impedance Analysis</td>
<td>n/a</td>
<td>n/a</td>
<td></td>
<td>Requires mass as input. Only where research interest warrants until measurement issues are resolved.</td>
</tr>
<tr>
<td><strong>Harvested bears</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Axillary girth; Skull length and width</td>
<td>H,M</td>
<td>essential</td>
<td>annually</td>
<td>Must be newly harvested bears. Can be used to predict body mass.</td>
</tr>
<tr>
<td>Condition index assessed by hunters (1–5)</td>
<td>essential</td>
<td>annually</td>
<td></td>
<td>Hunters could be provided with laminated ‘score card’. Useful method to monitor body condition when morphometric measurements not available.</td>
</tr>
<tr>
<td>Fat thickness at predetermined points, and fat content from samples collected at harvest</td>
<td>highly useful</td>
<td>annually</td>
<td></td>
<td>Measurement easily taken by hunters.</td>
</tr>
<tr>
<td>Contaminants in fat tissue of various organs</td>
<td>essential</td>
<td>every 5 years</td>
<td></td>
<td>Samples highly important to monitoring programs.</td>
</tr>
<tr>
<td>Stress levels (HCC) from hair samples</td>
<td>highly useful</td>
<td>when possible</td>
<td></td>
<td>From handled or harvested bear, or from hair traps.</td>
</tr>
</tbody>
</table>
Environmental stress. To date, the measurement of environmental stress in wildlife has been problematic, largely because many of the physiological variables used to assess environmental (or long-term) stress are also affected by acute (short-term) stresses associated with capture and handling or by other physiological processes in addition to stress (Moberg 2000). More recently, improved techniques for detecting long-term stress have been developed (Alexander and Irvine 1998, Iwama et al. 1999, Southern et al. 2002). One example is the measurement of corticosteroid-binding globulin (CBG), a protein in the blood circulation that specifically binds cortisol. Blood serum levels of CBG are lowered during long-term stress in a variety of species, and their concentration provides a more sensitive assessment of stress than the measurement of total cortisol alone. CBG is an effective indicator of long-term stress in brown bears (Chow et al. 2010) and has been measured in polar bears (Chow et al. 2011).

Use of cortisol (the primary stress hormone associated with the hypothalamic–pituitary–adrenal axis) in hair is a sensitive, reliable, and non-invasive measure of long-term stress. Hair cortisol concentration (HCC) is a biomarker of long-term stress in humans and domestic animals, and was recently validated for polar bears (Bechshøft et al. 2011, Macbeth et al. 2011). The significance of variation in hair cortisol levels among bears from different subpopulations is being investigated (Bechshøft et al. 2011; Macbeth et al. 2011). Application of this technique may provide insights into potential linkages between the environment and population performance in polar bears. This may be an appropriate monitoring method to assess relative stress in handled versus non-handled bears, or to compare general stress levels among subpopulations exposed to different levels of human contact.

Other techniques are directed toward assessment of the cellular stress response. These homeostasis-restoring processes have evolved in all living organisms, are triggered within hours of a significant perturbation, and persist until recovery (Bechert and Southern 2002). For example, heat shock proteins (Hsps), a family of proteins crucial for allowing cells to cope with stress (Feder 1999), are induced when long-term endogenous or exogenous stressors affect the protein machinery. Hsps are unaffected by short-term stress such as capture and handling. Cellular stress is evident before biological function is altered and may provide a sensitive early warning of increased environmental stress and compromised health.

Consistent monitoring of CBG and Hsps in blood of captured animals, like monitoring of physical measurements, must be conducted over the long run to assess whether levels reflect directional change or interannual variation. It will be important to test whether these stress indicators are related to subsequent physical changes or vital rates. Similarly, as with physical measurements, changes in these compounds must be linked to stress sources to be useful for monitoring. Such methods are cost-effective and could be incorporated into monitoring programs that include live capturing of animals.

Contaminants. Many studies of polar bears have found high levels of contaminants such as mercury (Dietz et al. 2006), organochlorines (Norstrom et al. 1998; Muir et al. 1999, 2006; Verreault et al. 2005; McKinney et al. 2011), and perfluoroalkyl substances (Smithwick et al. 2005). Some studies indicate negative relationships between exposure to contaminants and health or reproductive parameters (Wiig et al. 1998; Haave et al. 2003; Oskam et al. 2003, 2004; Sonne et al. 2006). However, these studies were correlative in nature and do not demonstrate cause and effect (on reproduction or survival) relationships. Therefore, information from controlled studies of farmed Norwegian Arctic foxes and housed Greenland sledge dogs have been used as supportive evidence in the clarification of contaminant exposure and health effects in polar bears (Verreault et al. 2004, Sonne 2010). Studies indicate that hormone and vitamin concentrations, and liver, kidney, and thyroid gland morphology as well as reproductive and immune systems of polar bears are likely to be influenced by contaminant exposure (Sonne 2010). Furthermore, polar bear contaminant studies have demonstrated that bone density reduction and neurochemical disruption and DNA hypomethylation of the brain stem may occur (Sonne 2010). Based on these studies, it remains important to continue monitoring levels of various contaminants in polar bear tissues as part of a comprehensive monitoring program to assess health of individual bears.

Disease. The presence and frequency of diseases in polar bears is poorly known, and no definite health problems have been identified. Plasma samples from polar bears from Svalbard and the Barents Sea were screened for antibodies to Brucella (Tryland et al. 2001) and for antibodies to canine distemper virus.
calicivirus, phocid herpes virus, and rabies (Tryland et al. 2005). Low seroprevalence was reported for all (5.4% for Brucella, 8% for canine distemper virus, 2% to calicivirus, and 0% to phocid herpesvirus and rabies). Polar bears from East Greenland, Svalbard, and the Barents Sea screened for antibodies to the protozoan parasite Toxoplasma gondii were 21.4% seropositive (Oksanen et al. 2009). This was much higher than an earlier study from the Beaufort and Chukchi Seas and the Russian Arctic (6%; Rah et al. 2005), although a subsample from the Russian Arctic showed a prevalence of 23% (7 of 30). More recently, Jensen et al. (2010) documented an increase in the prevalence of T. gondii in Svalbard polar bears and speculated this might be due to warming ocean waters enabling higher survival of oocysts. Although no health or reproductive effects have yet been demonstrated, evidence from other bear species (Zedrosser et al. 2006, Czetwertynski et al. 2007), other large vertebrates (e.g., Kjellander et al. 2006), and ice-dependent marine mammals (Hammill and Stenson 2011) indicates that density can play an important role in limiting populations. Because polar bears are not territorial and typically occur at low densities on the sea ice, it is likely that density-independent factors such as changes in prey availability in relation to sea ice distribution will have the greatest influence on observed changes in stature (Table 16). However, concurrent monitoring of subpopulation size in relation to changes in stature will allow researchers to assess the importance of density-dependent processes.

Monitoring reductions in polar bear body size (e.g., skull length and width and body length) can provide an indication of nutritional stress during growth that may have fitness consequences. Changes in resource availability in any one year may influence mass and growth rates of young bears in that year. Also, because polar bears are long-lived and continue to grow for many years, increased variation in resource availability can have a dampening effect on long-term growth rates and adult size. If they encounter a mixture of favorable and unfavorable environmental conditions as they mature, bears may be able to survive but will be unable achieve the growth rates and potential size they could have had conditions been better. Because a symptom of global warming is more variable climate and greater weather fluctuations, one of the early effects could be reduced stature of adults over time.

Body stature has been related to reproductive success for bear species and other large mammals (Clutton-Brock et al. 1988, Noyce and Garshelis 1994, Hilderbrand et al. 1999). Both Atkinson et al.

### Table 16. Body stature metrics.

<table>
<thead>
<tr>
<th>Stature metrics</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skull (zygomatic) width</td>
<td>Maximum head width between the zygomatic arches measured with a set of calipers to the nearest millimeter.</td>
</tr>
<tr>
<td>Skull length</td>
<td>Straight-line length from between the upper middle incisors at the gum line to the most posterior dorsal skull process of the sagittal crest measured to the nearest millimeter with a set of calipers.</td>
</tr>
<tr>
<td>Straight line body length</td>
<td>Dorsal straight-line distance from the tip of the nose to the caudal end of the last tail vertebra measured to the nearest centimeter with a tape held over the midline of a bear’s body. The bear should be stretched out in a sternally recumbent positing and the tape should not touch the bears back when taking the measurement.</td>
</tr>
<tr>
<td>Axillary girth</td>
<td>The circumference around the chest at the axilla with a small diameter (0.5 cm) rope tightened with a tension of about 0.5 kg measured to the nearest centimeter.</td>
</tr>
<tr>
<td>Body mass</td>
<td>The mass of bear measured to nearest 100 grams for cubs-of-the-year and to the nearest kilogram for bears of all other age classes using a reliable and frequently calibrated scale.</td>
</tr>
</tbody>
</table>

Stature

Stature is used here as a broad term to describe any measurable aspect of the physical size including measurement of skeletal size and body mass.

**Why monitor polar bear stature?** Among vertebrates, variation in physical stature results from either density-dependent (e.g., direct competition for resources) or density-independent factors (e.g., environmental variation) that influence the availability of energetic resources. Although density-dependent changes in polar bear stature have not been documented, evidence from other bear species (Zedrosser et al. 2006, Czetwertynski et al. 2007), other large vertebrates (e.g., Kjellander et al. 2006), and ice-dependent marine mammals (Hammill and Stenson 2011) indicates that density can play an important role in limiting populations. Because polar bears are not territorial and typically occur at low densities on the sea ice, it is likely that density-independent factors such as changes in prey availability in relation to sea ice distribution will have the greatest influence on observed changes in stature (Table 16). However, concurrent monitoring of subpopulation size in relation to changes in stature will allow researchers to assess the importance of density-dependent processes.

Monitoring reductions in polar bear body size (e.g., skull length and width and body length) can provide an indication of nutritional stress during growth that may have fitness consequences. Changes in resource availability in any one year may influence mass and growth rates of young bears in that year. Also, because polar bears are long-lived and continue to grow for many years, increased variation in resource availability can have a dampening effect on long-term growth rates and adult size. If they encounter a mixture of favorable and unfavorable environmental conditions as they mature, bears may be able to survive but will be unable achieve the growth rates and potential size they could have had conditions been better. Because a symptom of global warming is more variable climate and greater weather fluctuations, one of the early effects could be reduced stature of adults over time.

Body stature has been related to reproductive success for bear species and other large mammals (Clutton-Brock et al. 1988, Noyce and Garshelis 1994, Hilderbrand et al. 1999). Both Atkinson et al.
(1996) and Derocher (2005) documented reductions in cohort body length in polar bears, but to date these changes in stature have not been related to changing subpopulation demographics. In addition to measuring changes in body size, measuring changes in body mass and body condition are of particular importance because changes in these metrics are most likely to influence survival and reproduction (Derocher and Stirling 1995, Stirling et al. 1999, Rode et al. 2010). Measuring changes in the physical stature and body condition of adult female polar bears could help provide valuable insight into future demographics because lighter female polar bears produce smaller litters with lighter cubs (Derocher and Stirling 1995) that are less likely to survive (Derocher and Stirling 1996). In summary, measuring stature provides insight into both historic and current shifts in the availability of energetic resources in addition to providing potential valuable insight into demographics.

**How to monitor polar bear stature.** We recommend that monitoring polar bear stature be a mandatory component of all programs in which polar bears are handled (Tables 16 and 17). With the exception of body mass, all measurements can be obtained with a tape measure, small diameter nylon rope, and calipers. Weighing polar bears, although time consuming, can provide valuable information on the condition of animals. Thus, the importance of obtaining body mass of captured bears or a sample of captured bears must be compared to the advantages of collecting other condition metrics from a larger number of animals. For subpopulations with low intensity monitoring and where harvest occurs, hunters should be given instructions on how to measure the straight-line body length and axillary girth of bears along with rope to measure both. Hunters would need to stretch the length of rope from the tip of the nose to the last vertebrae on the bear’s tail, cut it, and return it with their harvest collection kit. A similar process should be followed for measuring axillary girth. Skulls and bacula should be collected from harvested bears, where possible, to obtain measurements of skeletal growth.

Analyzing skeletal material from museum collections can also be important for long-term monitoring of body size (Yom-Tov et al. 2006, Bechschøft et al. 2008). The continued collection of such material is important for long-term monitoring of polar bear stature.

**Human activity**

In addition to hunting or other sources of direct mortality, human activities of concern to the welfare of polar bears include mineral exploration and development, tourism, scientific research (other than of polar bears themselves), shipping, and infrastructure development to support these. **Why monitor human activity?** Historically, the remoteness of the Arctic marine environment probably provided adequate protection for both polar bears and their habitat. This situation has changed in recent decades and human presence in previously remote geographic areas will increase as disappearing sea ice makes much of the Arctic more accessible. Oil and gas exploration and development, including offshore drilling, is already occurring in the Arctic. Loss of sea ice, habitat fragmentation, and technological developments will make the Arctic more accessible and human activity will likely increase (Arctic Council 2007, 2009). An increase in human activity in areas inhabited by polar bears will increase the probability for disturbance of bears and human–bear conflicts.

Although the threats and impacts of oil and gas activities on polar bears are fairly well known (Øritsland et al. 1981; Hurst and Øritsland 1982; Stirling 1988, 1990; Isaksen et al. 1998; Amstrup et al. 2006a), how polar bears will be affected by other types of human activity is poorly understood (Vongraven and Peacock 2011). Polar bears are often attracted by the smells and sound associated with human activity. Polar bears are known to

ingest plastic, styrofoam, lead acid batteries, tin cans, oil, and other hazardous materials with lethal consequences in some cases (Lunn and Stirling 1985, Amstrup et al. 1989, Derocher and Stirling 1991).

Polar bears appear to be disturbed by snow machines and often show avoidance behavior (Andersen and Aars 2008). The effects of increased ship traffic, pollution from human activity, and noise on polar bears and their prey are unknown. However, ice-breaking vessels and industrial noise can increase abandonment of subnivean structures used by ringed seals on sea ice, and consequently may have negative impacts on seal reproduction (Kelly et al. 1988). Brude et al. (1998) suggested that all such data be integrated in GIS systems for further evaluation of impacts as, for example, in their Dynamic Environmental Atlas developed in the environmental impact assessment of the opening of the Northern Sea Route along the Siberian coast (The North East Passage).

Human activity and disturbance can result in den abandonment by female polar bears. Female polar bears appear to be more sensitive to disturbance and more readily abandon dens (Belikov 1976, Amstrup 1993, Lunn et al. 2004) in autumn than later in winter when they appear to tolerate human activity closer to den sites (Amstrup 1993). Although some impacts can be controlled with good management, the combined effects of several negative factors acting simultaneously (e.g., climatic stress, pollution, and disturbance) can be difficult to predict. We believe cumulative effects deserve increased attention from both scientists and managers. The cumulative impact of chronic human disturbance, whether from industry, tourism, infrastructure, or noise, is unknown but potentially negative. There has been little systematic collection of data with which to quantify human activity and its potential impact on polar bears and their habitat. Because the type, intensity, and frequency of human activity will vary across the Arctic, it is important to begin collecting baseline data on an ongoing basis for all subpopulations.

**How to monitor human activity.** Regulatory permits and reporting requirements, as well as spatial analysis tools, will be important for quantifying human activities (Table 18). But documenting human development or activity is not the same as documenting its effects on polar bear welfare. Methods to quantify the effects of development are poorly implemented and require continued development.

**Permit applications.** Many human activities within polar bear habitat require permits specific to each type of activity. We recommend recording the type, frequency, intensity, timing, and areas of all proposed exploratory or development activity, ship passage, tourism, and research (we treat polar bear research separately, below). In addition to providing information to monitor human activity, these data could also be valuable to both managers and proponents, should activities be planned for areas important to polar bears or at sensitive times of the year.

**Activity that actually occurs.** Although planning documents may provide a way to monitor proposed human activities, more important are the details, frequency, intensity, timing, observations of bears, and location of the various types of activities that actually occur. This is particularly important if permit applications are broad in scope and activities comprise only a subset of permitted actions. For example, if a tour company applies to bring five tours to an area over a defined period, after the tours are over it is important to record how many days they were in the area, how many tourists were involved, and how many bears were observed. We recommend establishing national contact points to collect and collate permit and activity data and to coordinate assessments of impacts.

**GIS applications and remote sensing.** Using the information collected above, we recommend conducting spatial and temporal analyses to identify areas of concern. These types of analyses may also refine additional monitoring needs or specific research questions. We encourage developing standardized methods to assess the responses of bears to various human activities, and ultimately, the effects of those responses.

**Behavioral change**

There are at least two circumstances where documenting polar bear behavior (using the term broadly) might be useful, and they would require quite different approaches. Quantitative observations with which to compare such activities as task-specific time budgets, hunting success, scavenging, and the frequency of competition over kills of bears of different age and sex classes at the same location in at different times can provide insight into population level changes in the responses of the bears to underlying changes in the ecosystem. Data on polar bear foraging success could be vital input for energetics models. Consistent documentation of
qualitative information on various behaviors, recorded on an opportunistic basis, would be valuable as input to expert-opinion models (Amstrup et al. 2008) and contribute to TEK studies.

**Why monitor changes in polar bear behavior?** The most insightful behavioral comparisons could be made using quantified activity budgets and hunting success rates. Quantitative documentation of activity budgets for bears in the Canadian High Arctic and along the western coast of Hudson Bay has illustrated the value of this work. Activity budgets and hunting success of bears of different ages and sex classes and with different ages of cubs were quantified in past years (Stirling 1974, Stirling and Latour 1978, Stirling and Øritsland 1995). On the western coast of Hudson Bay, the behavior of bears on land while fasting during the ice-free period was quantified (Latour 1981, Lunn and Stirling 1985). Where these sorts of observations are possible, studies that quantitatively repeat the collection of data on the same parameters could provide insights into either the stability or variability in how polar bears utilize their habitat and time and whether changes are occurring.

Behaviors most likely to be indicative of the overall health of a subpopulation are those relating to human–bear conflicts and to intraspecific mortality events. Systematic documentation of the number of problem bears that occur in settlements, what they do when they interact with humans, and how they respond to humans and deterrents is critical to increasing our understanding of the behavior of problem bears and how such difficulties might be mitigated. In the case of bears that are killed because they threaten life or property, individual-specific information on ages and body condition are among the most important parameters which, when combined with behavior, can indicate the level of subpopulation stress in relation to climate warming and loss of ice. In Churchill, where this has been done consistently (Stirling and Parkinson 2006, Towns et al. 2009) the studies have demonstrated statistically significant correlations between the date of breakup of the sea ice, the body condition of bears of all age and sex classes, and the number of problem bears handled in Churchill. Similar data may also exist for many settlements in Svalbard, Russia, Greenland, Alaska, and elsewhere in the Canadian Arctic, but in general they have not been systematically recorded. A standardized and systematic recording system is essential to assure utility of these observations.

Infanticide, cannibalism, starvation, and other behaviors suggestive of food-stress have been documented in a few polar bear subpopulations (Lunn and Stenhouse 1985, Derocher and Wiig 1999, Amstrup et al. 2006b, Monnett and Gleason 2006, Stirling et al. 2008a). Although documentation of the occurrence of such events does not necessarily reflect

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**Table 18. Methods and frequencies for monitoring of human activity in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. In many cases, community-based monitoring can be an effective approach for monitoring local levels of human activity. Monitoring levels are the same for all subpopulations because these activities are not necessarily limited by the same constraints that may make detailed polar bear research unlikely in some areas. Many can be assessed by remote sensing and regulatory requirements to file paper work and work plans.**

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monitor actual exploratory and development activities (e.g., number of drill or production sites, numbers of ship passages, or tour ship cruises)</td>
<td>H,M,L</td>
<td>essential</td>
<td>ongoing, reported annually</td>
<td>Level of all human activities need assessment to determine cumulative impacts.</td>
</tr>
<tr>
<td>Monitor permit applications: exploratory and development activity, ship passages, research (non-polar bear) permits</td>
<td>H,M,L</td>
<td>essential</td>
<td>ongoing, reported annually</td>
<td>Indicates level of human activity that may occur.</td>
</tr>
<tr>
<td>Use GIS calculations to assess how much available habitat is impacted by industrial or other human activities</td>
<td>H,M,L</td>
<td>very useful</td>
<td>reported annually</td>
<td>Quantifies extent of human activities.</td>
</tr>
<tr>
<td>Develop a system of recording incidents of bear human interactions resulting from various kinds of human activities in polar bear habitat (PBHIMS)</td>
<td>H,M,L</td>
<td>very useful</td>
<td>ongoing, reported annually</td>
<td>Quantifies direct impacts on polar bears (Table 12).</td>
</tr>
<tr>
<td>Study impacts of supplemental feeding</td>
<td>H,M,L</td>
<td>helpful</td>
<td>opportunistic</td>
<td>Significance of one potential impact.</td>
</tr>
</tbody>
</table>

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stress as a result of climate warming, they are consistent with the predictions of consequences for polar bears facing climate-related problems. Such observations only become useful for monitoring if they are consistently recorded and analyzed. TEK is valuable for long-term observations of behavioral changes in polar bears.

**How to monitor changes in polar bear behavior**

*Recording incidental observations of human–bear conflict.* These data are of high significance for monitoring all subpopulations (Table 19). Although they are inexpensive to record, their value rests on the reliability and consistency of the data. Bears killed because they threaten human life or property may be assigned a normal hunting tag, but the reason for their death needs to be recorded independently of hunting mortality. To the extent possible, we recommend re-analyzing past records in settlements throughout the Arctic to make them as complete as possible for the past, and we recommend that mechanisms put in place to ensure complete recording in the future.

*Recording incidental observations of irregular or novel behavior, and intraspecific polar bear mortality.* Cannibalism, drowning, and infanticide have been observed in subpopulations where we believe food stress and poor body condition may have been factors. These, and other irregular or novel behaviors (e.g., unusual hunting strategies such as digging through ice; Stirling et al. 2008a), taking of alternative prey, erratic and anomalous behavior, mating of polar and grizzly bears resulting in observations of hybrids, and unusual movements could all be indicators of possible local or regional changes in the ecology and the welfare of a polar bear population. However, the longer-term value of a database of such observations will depend on standardization and the detail with which observations are recorded, which will be vital to be able to estimate whether the rate of occurrence of such events is changing. At present, there is no formalized database for documenting unusual events.

*Quantitative energy budgets.* At this point, development of quantitative energy budgets is more of a research topic than one that is established sufficiently for monitoring. An initial test of its potential usefulness might be considered in the Western Hudson Bay subpopulation because there are data on activity budgets from the past, and we know that subpopulation is being affected by climate warming.

### Table 19. Methods and frequencies for monitoring of behavioral change in polar bears in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears.

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seasonal movements and home range sizes</td>
<td>H,M</td>
<td>essential</td>
<td>3–5 year sets of observations at 5 year intervals</td>
<td>Quantification of changes, or lack of them, in seasonal movement patterns and home range size will provide critical information on behavior of bears in relation to changes in habitat, ice conditions, and prey availability.</td>
</tr>
<tr>
<td>Location and time of den entrance and exit</td>
<td>H,M</td>
<td>essential</td>
<td>3–5 year sets of observations at intervals of 5 years or more</td>
<td>Changes in these parameters will indicate large-scale changes in habitat and be influenced by the body condition of females (hunting success and duration of hunting in relation to breakup) over time.</td>
</tr>
<tr>
<td>Visual observations</td>
<td>L</td>
<td>highly useful</td>
<td>opportunistic</td>
<td>Visual observations of changes in distribution and habitat use, observations of unusual hunting strategies, taking of alternate prey, erratic and anomalous behaviors (e.g., cannibalism, digging through ice) identify significant changes on the part of the bears. Such observations may facilitate design studies to quantitatively address specific questions.</td>
</tr>
<tr>
<td>Documentation of problem bear encounters</td>
<td>H,M,L</td>
<td>highly useful</td>
<td>opportunistic</td>
<td>Quantification and description of problem bear attacks may facilitate greater understanding of how changes in the environment (particularly ice) influence increases or decreases in this activity.</td>
</tr>
<tr>
<td>Occurrence of hybrids</td>
<td>H,M,L</td>
<td>helpful</td>
<td>opportunistic</td>
<td>Occurrence of hybrids in a particular area over time may indicate changes in the behavior of polar and brown bears as a result of environmental change in habitats; will only occur in areas where the ranges of the two species overlap.</td>
</tr>
</tbody>
</table>

*Ursus Monograph Series 5:1–66 (2012)*
In particular, the body condition of bears of all ages and sex classes is declining, but it is unknown how this might influence or change the behavior of undisturbed polar bears. The only other place where past data exist is in the Canadian High Arctic.

**Effects of monitoring itself on polar bears**

Monitoring polar bears may have impacts on individual bears, although quantitative analyses are limited. Short-term effects appear to be unavoidable (Messier 2000). Effects on individuals must be balanced with information needs for management and conservation and the risks posed by harvest. The effects relative to information needs must be judged by management and co-management authorities and by affected communities. One example of how scientists try to reduce handling effects is the increasing use of electronic release mechanisms for collars.

Monitoring polar bears can involve immobilizing bears to collect samples, mark individuals, and attach equipment (e.g., collars, tattoos, tooth removal, ear tags, implants). Monitoring can also involve collecting samples from active bears (e.g., DNA darting or hair snags) and observing bears (e.g., aerial surveys, behavioral studies).

**Why monitor polar bear monitoring and research?** Some members of northern communities, management agencies, and scientists have raised concerns about the possible impacts of polar bear research and monitoring (Dyck et al. 2007, Cattet et al. 2008). Specific concerns surround the lethal and sub-lethal effects of handling on polar bears, the number of bears being handled, and the possible effects of wearing a collar or other devices (e.g., their impacts on a bear’s ability to hunt seals), disturbance by helicopters while bears are hunting or mating, and waste of polar bear meat when people decline to consume harvested bears that have been drugged before harvest (some Inuit consider chemical immobilization of bears unacceptable and they claim the immobilization drug changes the taste of the meat and fat, Henri et al. 2010). In some local communities, capturing any polar bear is considered inappropriate. Further, permanent dye used to mark polar bears in some areas, although no longer used, rendered the hide of the bear unfit for sale. Some people are concerned with the frequency of captures and numbers of bears caught within a population, as well as specific procedures employed when bears are captured (Inuit Tapiriit Kanatami 2009). Further, as individuals within some subpopulations become increasingly stressed, it has been suggested the impact of pursuit and capture on individual health may be negative. To date, however, negative long-term impacts of research-related handling on polar bears have not yet been confirmed (Messier 2000, Lunn et al. 2004, Rode et al. 2007). Regardless, we encourage including within specific monitoring plans a component that assesses the level and possible effects of the research itself on polar bears.

Although individual bears are disturbed by low-flying aircraft (Larsen 1986), studies have yet to document negative effects on individuals or subpopulations. In contrast, a study which requires surgery or multiple captures in a within a few weeks might have higher impacts, including stress due to disturbance and possible negative energetic consequences. There is also a risk of trauma, mortality, and effects on reproduction or survival associated with handling, although this risk has been low in polar bear research (Ramsay and Stirling 1986, Lunn et al. 2004). Wildlife research involving animal handling requires approval by an institutional animal care committee and adherence to best practices following techniques that minimize potential impacts (Sikes and Gannon 2011). Impacts of wearing a collar on the energetics and survival of an individual bear seem to be insignificant (Messier 2000); however, fully determining the impacts would be difficult and require a study specifically designed for this purpose. Analysis of existing data may yield additional insights.

To date, there is little evidence of significant changes in individual survival and reproductive rates in individuals as a result of handling (Ramsay and Stirling 1986, Amstrup 1993, Messier 2000, Lunn et al. 2004, Rode et al. 2007). Nevertheless, we encourage increased reporting about monitoring intensity for full disclosure to the public and for subsequent use in evaluating the necessity of future proposed research.

**How to document and assess effects of polar bear monitoring.** Both the intensity of monitoring and the effects of the monitoring itself may directly impact polar bears. The effects of monitoring intensity can potentially be assessed by documenting (1) number of captures (by sex and age class); (2) number and types of radiotelemetry devices deployed annually; (3) type of treatment (and medication) and samples taken during immobilization; (4) number of recaptures; (5) number of times the recaptured bears have been handled (with maximum and minimum); (6) number of sightings of marked bears during research; (7) average number of times...
the bears are re-sighted in a year during polar bear research; (8) number of DNA darting events annually; (9) estimated number of radiotelemetry device active; and (10) number of hours flown over polar bear habitat during polar bear research. The direct effects of the monitoring itself can potentially be assessed by comparing (1) morphometrics; (2) litter size; and (3) reproductive performance of those bears not previously handled with those that have been handled before. In addition, any research-induced injuries (e.g., estimates of severity and associated actions and post-capture monitoring) and reporting capture mortalities should be documented to assess direct effects of monitoring.

Research groups and jurisdictions that conduct monitoring efforts are the appropriate institutions to report these metrics.

Local knowledge and involvement

We suggest that coordinated monitoring around the circumpolar Arctic employ both scientific approaches and locally acquired knowledge (TEK and local knowledge). We encourage monitoring of relevant parameters using CBM. Increased local involvement (whether through collection of TEK or use of CBM) has been requested by local communities, regional and federal governments, and a wide variety of international polar bear management commissions and groups (the Range States, bi-lateral joint commissions). This collaborative strategy is not without challenges, but good examples of such approaches exist in many parts of the Arctic (e.g., beluga and ringed seal monitoring and research in the western Canadian Arctic, coordinated through the Fisheries Joint Management Committee, based in Inuvik, Northwest Territories [Harwood et al. 2000, 2012; Harwood and Smith 2002]).

In addition to providing extensive natural history knowledge (Van de Velde et al. 2003) TEK from experienced hunters can provide a framework for the generation of scientific hypotheses, for the explanation of research results, and can generate early warning of changes in polar bear behavior, seasonal distribution, and body condition (Rode et al. 2012). CBM can be an effective and efficient method of systematically collecting data (including TEK) and samples to use in scientific analyses (Harwood et al. 2000). CBM can also provide local employment and provide a mechanism for local participation in polar bear research and management.

We believe CBM and the application of TEK can be effective approaches for obtaining a number of the parameters on a number of subpopulations identified in this monitoring plan. The following sections describe CBM and TEK in the context of polar bear monitoring and identify elements that make these collaborations successful.

Community-based monitoring (CBM)

Community-based monitoring refers to the training of local people to systematically collect and document scientific information and specimens (Harwood et al. 2000) and to apply such collections where they can contribute to a more complete understanding of the subject being researched. To maximize effectiveness, CBM requires carefully training persons collecting material and fostering partnerships between local communities and research communities.

Across the circumpolar Arctic, the input of local communities in polar bear monitoring and management has varied. Since the mid-1980s, CBM in Greenland has involved polar bear hunters routinely taking various tissue samples from their kill at the request of the regional government. This practice, especially prominent in northwestern and east-central Greenland, illustrates successful cooperation between scientists from Greenland and Denmark with the local hunting communities and has contributed greatly to long-term studies aimed at understanding effects of pollution on polar bears (Sonne 2010). Analyses of harvest composition (Born 1995a,b; Rosing-Asvid 2002) and reproduction (Rosing-Asvid et al. 2002) in Greenland have also depended on CBM. Similar community-based harvest data and sampling programs have been ongoing for several decades in the Canadian Arctic and have provided data on abundance, population delineation, foraging ecology, and contaminants (Taylor and Lee 1995, Taylor et al. 2005, Thiemann et al. 2008b, McKinney et al. 2009).

After a community has indicated support for a CBM project, it is essential that participants be supportive and fully trained. One common challenge to CBM is a high degree of participant turnover. We recommend that projects establish a core group of participants that can instruct others, and, where practical, for the proponent to maintain a community presence if they are not from the community themselves. Reporting survey results to both the participants and their communities in an accessible
format (i.e., translated and in a non-technical manner, while recognizing that the northern public knows much more about polar bears than public audiences in the south) is also essential for long-term community support.

**Traditional Ecological Knowledge (TEK)**

TEK is also referred to as indigenous knowledge, aboriginal knowledge, naturalistic knowledge, and local knowledge (Grenier 1998, Berkes 2008). TEK is held by indigenous (e.g. Inupiat) and non-indigenous groups (e.g., Newfoundland cod fishers). Definitions of TEK vary, from the all-inclusive definitions that include a people’s origin and relationships with the earth and universe, to the simpler view of TEK as data or information:

“... traditional ecological knowledge is a cumulative body of knowledge, practice, and belief, evolving by adaptive process and handed down through generations by cultural transmission, about the relationship of living beings (including humans) with one another and with their environments” (Berkes 2008:7).

and

“... the knowledge and insights acquired through extensive observation of an area or a species.... knowledge passed down in an oral tradition, or shared among users of a resource.” (Huntington 2000:1270).

We view TEK as separate from human dimensions research, such as the management preferences of local people (Tyrrell 2006, Kotierk 2009a), and from CBM (i.e., the integration of communities with government, industry and scientists in developing and implementing monitoring programs (Fleener et al. 2004, Mahoney et al. 2009). TEK is locally-based knowledge, information, and understanding, not a method of data collection.

TEK of polar bears includes geographic distribution, movements, travel routes, habitat use, population, cub production, denning, behavior, hunting methods and success, tracking, health, and prey species. TEK has been collected and used in Greenland (Born et al. 2011), Canada (Harington 1968, Van de Velde 1971, Urquhart and Schweinsburg 1984, Van de Velde et al. 2003, Dowsley 2005, Keith 2005, Kotierk 2009b, Slavik 2010, Wong 2010, Maraj 2011, Sahanatien et al. 2011), Alaska (Kalxdorff 1997), and Russia (http://belyemedvedi.ru/index.html, Kochnev et al. 2003, Zdor 2007). Most of these studies collected TEK using the semi-directed interview method or focus group discussions; exceptions were Van de Velde (1971), who used the participant observation method, Keith (2005) who used participant observation and interviews, and Wong (2010) who used standardized questionnaires with participant observation and interviews. In addition to studies oriented specifically toward polar bears, TEK of polar bears has been collected as part of regional or ecosystem TEK studies (McDonald et al. 1997; Sang et al. 2004, Arctic Borderlands Ecological Knowledge Co-op 2005, Nunavut Department of Environment 2008). Although many of these studies collected TEK relevant to changes in polar bear ecology, behavior, populations, and sea ice habitat, few were designed to monitor trends. Thus, their primary value was in providing baseline information used to develop future monitoring and research projects, including CBM.

**Why monitor polar bears using TEK?** In most Canadian jurisdictions, incorporating TEK in research, monitoring, and management of polar bears is a policy, program, and legislated requirement (Henri et al. 2010, Peacock et al. 2011). Other jurisdictions require the use of TEK for management and have a policy framework for monitoring (Nunavut Department of Environment 2004). TEK has been used where scientific information is lacking, in regions where little is known about polar bear distribution and habitat, when immediate information is needed for environmental assessment, and where research costs are high and logistics are difficult (Kalxdorff 1997, Kochnev et al. 2003). TEK can extend the time series of polar bear information as it has for other species (Moller et al. 2004). TEK has the potential to contribute to intensive and long-term monitoring that cannot be accomplished by scientists, whose studies are often restricted to specific times of the year and shorter time frames. People holding TEK are on the ground and sea ice year-round and have been for generations.

Collecting TEK about polar bears is necessarily a community-based and inter-disciplinary effort that involves the people holding the TEK, biologists, social scientists, and wildlife managers. Questionnaires, surveys and interview questions, analytical methods and the list of participants should be developed collectively. There are many resources available to guide and assist this work, and many experienced scientists to provide advice. For example, TEK has been used to parameterize a population simulation model for harvesting pigeons in New Zealand (Lyver et al. 2009), to model habitat use and
distribution of fish (Mackinson 2001), and to detect population trends and changing habitat use of migratory birds (Gilchrist et al. 2005). Sea ice and climate researchers have made considerable progress in collecting and reporting on TEK and using TEK for monitoring (Laidler and Elee 2008; Krupnik et al. 2010; Gearheard et al. 2010, 2011; Weatherhead et al. 2010; Pulsifer et al. 2011).

To facilitate trend analysis with TEK, we recommend developing a standardized questionnaire or survey method that allows participants to elaborate, as in semi-directed interviews (Table 20). Each questionnaire or interview should facilitate including spatial information. It is important that individuals collecting TEK are knowledgeable enough about polar bears to allow informed interactions with the participants, particularly when semi-directed interviews methods are used. The ability to collect TEK in local languages (e.g., Inuktitut, Cree) is essential. If the interviewer does not speak a local language, we recommend using an experienced interpreter who knows wildlife, habitat, hunting, and sea ice terminology. All materials should be translated into the local language and appropriate dialect. TEK collection is often collected in-person, as the knowledge transmission takes the form of an active dialogue between interviewer and informant. But mail out or web based questionnaires may be suitable in some jurisdictions. Because of the life-long experience and training required to obtain an expert level of TEK, researchers and governments should be prepared to pay participants. Finally, researchers collecting TEK should provide reports and feedback to the communities on a regular basis in an accessible manner.

**Recommendations for monitoring polar bears using TEK.** It is important to collect knowledge from elders who were born and have lived in coastal camps close to polar bears. The knowledge will extend polar bear information back to pre-harvest management times when climate warming exerted less influence on sea ice habitat. TEK is regional and constrained by environmental and physiographic conditions (e.g., travel on land and sea ice, season, and available light). The limits of TEK for monitoring must be understood (Krupnik and Ray 2007, Gagnon and Berteaux 2009, Wohling 2009). For example, hunters may hunt in the autumn when bears are accessible on land, or in spring when bears are on the sea ice. TEK can be limited by lack of exact spatial and temporal information to qualify or quantify local observations (Peacock et al. 2011). Further, TEK is, by definition, retrospective and local people recognize the limitations of their knowledge (Grenier 1998, Laidler 2006, Sahanatien 2011). Polar bear managers and scientists must work with communities to determine which aspects of polar bear ecology can be monitored using TEK.

Because of the diversity of cultures, languages, environmental conditions, and histories of human–bear interactions and relationships, it may not be possible to use a single circumpolar approach for using TEK to monitor polar bears. In particular, people who hunt polar bears will hold different TEK than those that do not hunt but who live with or have conducted long-term research on polar bears. In some cases, polar bear management and legislative restrictions have changed the type and quality of TEK held by people. For example, the ban on hunting polar bears in dens has limited the current Inuit TEK of polar bear den distribution (Keith 2005, Sahanatien 2011).

We recommend high intensity monitoring using TEK in subpopulations with several communities to compensate for scale and geographic limitations of TEK. The added value of including all communities

<table>
<thead>
<tr>
<th>Recommended method</th>
<th>Intensity</th>
<th>Priority</th>
<th>Frequency</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Questionnaires with in-person discussion, semi-direct interviews</td>
<td>H</td>
<td>essential</td>
<td>annually where needed, otherwise at regular intervals as required</td>
<td>Questionnaires need to be user friendly, not too long, well designed, and translated into local language and dialect. Timing should be post harvest season, during sea ice break-up and freeze-up. Schedule needs to be determined with the communities to be in-sync with knowledge collection.</td>
</tr>
<tr>
<td>Questionnaires — mail out, email and/or web-based</td>
<td>M</td>
<td>essential</td>
<td>annually</td>
<td>Timing appropriate for the region in question. Schedule needs to be determined with the communities to be in-sync with knowledge collection.</td>
</tr>
</tbody>
</table>

Table 20. Methods and frequencies for monitoring of TEK (traditional ecological knowledge) of polar bears in high (H), medium (M), and low (L) intensity monitored subpopulations of polar bears. The level of intensity of TEK monitoring does not parallel those levels identified for scientific monitoring. TEK cannot be monitored at low intensity due to the nature of the data and the often remote locations of communities.
lies in understanding variability across and among subpopulations and in providing opportunity for inter-
community collaboration (Dowsley and Wenzel 2008).

Priority studies
Some information needs for the conservation and management of polar bears exceed what can be gained from monitoring efforts alone. Although much of the information gathered through monitoring can also be used to understand underlying ecological mechanisms, some knowledge gaps will require establishing quantitative baseline data and initiating detailed ecological research.

We identify 2 projects of high priority: one is vital to identify optimal sampling schemes, and the other will take advantage of a large collection of polar bear samples to provide relevant information on harvest-ed subpopulations.

Study 1: Analysis of sampling frequencies from existing data
Monitoring effort on the scale we propose should be preceded by a power analysis of existing data to clarify how differing sampling frequencies can affect variance, accuracy, and precision in estimates of population parameters. Long-term data sets from continuous, high intensity studies could be used for such an analyses, (e.g., Western Hudson Bay). Such analyses could be conducted by selecting clusters of years from subpopulations that are subject to ongoing monitoring. This study would quantify information that might be lost by monitoring less frequently or indicate that less frequent monitoring can provide similar results.

This analysis should also determine sampling efforts needed to achieve different confidence levels for estimates of abundance, trend, and status. This would provide co-management authorities, affected communities, and researchers with the information to scale sampling effort accordingly. Although maintaining a large number of marked individuals is considered desirable for long-term population monitoring, a cost–benefit analysis could provide guidance on sample size requirements for a particular desired confidence level.

Existing databases can also be exploited to investigate the degree to which subpopulations can be monitored using sampling that covers less than the entire subpopulation area. We encourage asking if, even assuming such an approach is incapable of yielding an accurate total population size, it may be capable of providing reliable information on trend and possibly sufficient population information to facilitate the application of precautionary management approaches. For example, there are many data for the Southern Beaufort Sea subpopulation, collected over many years, but not always from the entire area.

Study 2: Analyses of existing samples from the polar bear harvest
Polar bears are harvested in Canada, the US, Greenland, and parts of Russia. Canada has a well-established sample collection program. The majority of the >700 polar bears harvested annually (those harvested in Canada and to some extent in Greenland and the US) include data on age, sex, date of harvest, and location; most also include tissue samples. Working in cooperation with subsistence harvesters and jurisdictional governments, polar bears harvest data have provided a wealth of material for understanding species (Norstrom et al. 1998; Paetkau et al. 1999; Sonne et al. 2004, 2005, 2007a, 2007b). A broader collection program could yield improved monitoring of subpopulation status. Because precise impacts of harvest remain uncertain, we urge increasing and coordinating efforts to collect and analyze harvest data (Taylor et al. 1987b, McLoughlin et al. 2005, Molnár et al. 2008). Potential areas for harvest data analyses fall into three main areas: temporal patterns of harvest age and sex; spatial patterns of harvest over time; and temporal and spatial patterns of body condition, diet, and contaminants generated from harvest samples. To date, harvest samples have been valuable in contributing to the estimates of population size and survival (Taylor et al. 2005, 2008a, 2009), distribution (Taylor and Lee 1995), population structure (Paetkau et al. 1999, Crompton et al. 2008), foraging ecology (Thieman et al. 2006), and basic biology (Dyck et al. 2004). Further, much of what we know about contaminant accumulation and variation in diet has been derived from harvest samples (Verreault et al. 2005, Thiemann et al. 2006).

Finally, given that many harvested subpopulations are monitored infrequently through capture and tagging programs, harvest of bears may provide insights into demographic parameters in periods between tagging efforts (Peacock et al. 2012).

Implementation
We have suggested a monitoring framework describing an ideal situation if implemented in its
entirety range-wide, focused on what recommendations that are based on existing knowledge of polar bear habitat, biology, and ecology. Implementing all or parts of it will depend on the positive involvement of all jurisdictions, including federal, regional, and local levels that have management and monitoring authority for their respective subpopulations.

Adherence to all components of this monitoring framework will be challenging for some jurisdictions and management authorities due to logistical challenges, staff capacity, and availability of financial resources. Because of this, we have identified representative subpopulations for each sea ice ecoregion to help focus research and monitoring efforts as efficiently as possible.

**Responsible jurisdictions**

Twelve of the 19 subpopulations are exclusively within the jurisdiction of a single Arctic country; the other 7 are shared between 2 countries (Fig. 5). Within Canada, management jurisdiction is primarily at the provincial or territorial level (Fig. 6). Nunavut alone has shared or exclusive jurisdiction over 13 subpopulations, where approximately two-thirds of the world’s polar bears reside. This rather complex picture, where subpopulations are unevenly shared among jurisdictions, emphasizes the need for extensive regional, bilateral, and range-wide consultations to discuss and agree on long-term monitoring schemes. Our monitoring framework attempts to assist in that process. It is notable that polar bears are a species of global significance and the obligations to steward their conservation is held by the five Range States.

**Regular assessments**

The status of all subpopulations is reviewed regularly (at approximately 4-year intervals) by the PBSG. The most recent reports and deliberations and the subpopulation status review are published in the proceedings of the most recent meeting, held in 2009 in Copenhagen, Denmark (Obbard et al. 2010). Our framework describes and encourages a coordinated and differentiated long-term effort to monitor essential population parameters in a circumpolar, regional perspective. We suggest that a regular, independent assessment of the status and trends (including updates of key indicators) at the subpopulation level be conducted by a group consisting of polar bear experts from as many jurisdictions as possible (e.g., the PBSG, or other competent groups of experts) at 5-year intervals. As part of the implementation process we recommend continued deliberations to further focus and sharpen this monitoring framework.
Acknowledgments

This report is the result of a process facilitated by CAFF/CBMP and funded by the US Marine Mammal Commission. A background paper (Vongraven and Peacock 2011) was presented at the 13th biennial meeting of CAFF in Akureyri, Iceland, 1–3 February 2011, and a subsequent workshop was held in Edmonton, Canada, 19–21 February 2011. The workshop was attended by 21 experts and managers from all polar bear subpopulation jurisdictions, and this document is a result of the discussions at this workshop.

We thank the following people for improving the document through their participation, comments, and reviews at various stages: M. Branigan, L. Carpenter, R. Elliot, S. Fleck, G. Gilbert, A. Kochnev, F. Pokiak, C. Price, C. Servheen, M. Stishov, J. Swenson, F. Ugarte, R. Vallender, B. van Havre, G. Wenzel, and G. York. Thanks also to A. Skoglund for skillful map-making. Finally, we thank 3 anonymous reviewers for helpful comments.

The findings, conclusions, and opinions expressed in this report do not necessarily represent the view of the authors’ institutions or employers.

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Fig. 6. Canadian internal territorial jurisdictions over the “Canadian” polar bear subpopulations, (a) Newfoundland and Labrador, (b) Manitoba, (c) Nunavut, (d) NWT, (e) Ontario, (f) Quebec, and (g) Yukon. The circumpolar catch-all subpopulation Arctic Basin has been left out.

\[\text{Jurisdiction}
\]

\begin{tabular}{|c|}
\hline
\textbf{Exclusive} & \\
\hline
\textbf{Shared} & \\
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\[\text{Fig. 6: Canadian internal territorial jurisdictions over the “Canadian” polar bear subpopulations, (a) Newfoundland and Labrador, (b) Manitoba, (c) Nunavut, (d) NWT, (e) Ontario, (f) Quebec, and (g) Yukon. The circumpolar catch-all subpopulation Arctic Basin has been left out.}\]


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